



## Did you know?

There are five Health Outcomes Survey (HOS) measures. This year, two of these measures have been increased to **triple-weighted**.\*

The two measures are:  
**Improving or Maintaining Physical Health**  
(Physical Component Summary [PCS])

**Improving or Maintaining Mental Health**  
(Mental Component Summary [MCS])

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This is the time to review the survey specifics to make a meaningful impact this survey season!

Review PCS and MCS best practices and key recommendations:

Improving or Maintaining Physical Health and Improving or Maintaining Mental Health	<a href="#">Quality Quick Tip</a>
Patient-facing handout on depression (B&W)	<a href="#">Click here</a>



The HOS survey is administered to a sample of patients at the beginning and end of a two-year period. For these two measures, a two-year change score is calculated from the baseline and follow-up surveys. This score categorizes patients' physical and mental health status as "better than," "the same as," or "worse than" expected.

Survey responses of "better than" or "the same as" contribute positively to the HOS score results.

**\*\*** *The 2025 HOS survey results feed into the measurement year 2025 /Star year 2027 performance scores.*

Please reach out to [cegeducation@optum.com](mailto:cegeducation@optum.com) for any questions.