


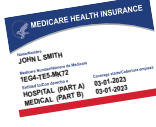

Peoples Health invites you to join us for our ongoing series of presentations and fitness classes.

These events are free and open to the public.

Tuesday


 <p>7</p> <p>How to Save on Medicare Costs Pontchartrain Park Senior Center New Orleans 11:15 a.m.</p>	 <p>7</p> <p>Senior Fit and Fun Crossgates Family Fitness - Pontchartrain Slidell 10:15 a.m.</p>	 <p>28</p> <p>Healthy for Life® Presentation: Rethink Your Drink Oak Park Plaza - Volunteers of America Baton Rouge 1 p.m.</p>
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Wednesday

 <p>1</p> <p>Healthy for Life® Presentation: Rethink Your Drink Covington Senior Center Covington 9:30 a.m.</p>	 <p>1</p> <p>How to Save on Medicare Costs Thomas C. Laughlin, Jefferson Senior Center Jefferson 10 a.m.</p>	 <p>15</p> <p>How to Save on Medicare Costs Peoples Health Medicare Center Metairie 2 p.m.</p>
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Thursday

9






Light N Lively
Paula G.
Manship YMCA
Baton Rouge
10:30 a.m.

MARCH 2023

Don't want to come alone?
Friends Welcome!
Register yourself and a friend
for any of these events.

Friday

 <p>17</p> <p>Colorectal Cancer Awareness Peoples Health Medicare Center Metairie 10 a.m.</p>	 <p>17</p> <p>How to Save on Medicare Costs Gretna Senior and Wellness Center Gretna 11:15 a.m.</p>	 <p>24</p> <p>Medicare Bingo Peoples Health Medicare Center Metairie 10 a.m.</p>
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Registration is required. To register, or for more information, please call toll free: **1-800-561-4127** (TTY: 711) Seven days a week, 8 a.m. to 8 p.m. Or register online at www.peopleshealth.com/wellness



RSVP here

Connect with us.

