

Summary of Benefits 2023

Peoples Health Secure Complete (HMO-POS D-SNP)

H1961-019-000

Look inside to take advantage of the health services and drug coverages the plan provides. Call Customer Service or go online for more information about the plan.



Toll-free **1-855-269-0778**, TTY **711**

8 a.m.-8 p.m. local time, 7 days a week



peopleshealth.com

PEOPLES HEALTH

A UnitedHealthcare Company

Summary of Benefits

January 1st, 2023 - December 31st, 2023

This is a summary of what we cover and what you pay. Review the Evidence of Coverage (EOC) for a complete list of covered services, limitations and exclusions. You can see it online at peopleshealth.com or you can call Customer Service for help. When you enroll in the plan, you will get more information on how to view your plan details online.

About this plan

Peoples Health Secure Complete (HMO-POS D-SNP) is a Medicare Advantage HMOPOS plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

This plan is a Dual Eligible Special Needs Plan (D-SNP) for people who have both Medicare and Medicaid, and don't pay anything for covered medical services. How much Medicaid covers depends on your income, resources, and other factors. Some people get full Medicaid benefits.

Your eligibility to enroll in this plan depends on your type of Medicaid.

You can enroll in this plan if you are in one of these Medicaid categories:

- ❑ **Qualified Medicare Beneficiary Plus (QMB+):** You get Medicaid coverage of Medicare cost-share and are also eligible for full Medicaid benefits. Medicaid pays your Part A and Part B premiums, deductibles, coinsurance, and copayment amounts for Medicare covered services. You pay nothing, except for Part D prescription drug copays (if applicable).
- ❑ **Qualified Medicare Beneficiary (QMB):** You get Medicaid coverage of Medicare cost-share but are not eligible for full Medicaid benefits. Medicaid pays your Part A and Part B premiums, deductibles, coinsurance, and copayment amounts only for Medicare covered services. You pay nothing, except for Part D prescription drug copays (if applicable).
- ❑ **Specified Low-Income Medicare Beneficiary (SLMB+):** Medicaid pays your Part B premium and provides full Medicaid benefits. You are eligible for full Medicaid benefits. At times you may also be eligible for limited assistance from your state Medicaid agency in paying your Medicare cost share amounts. Generally your cost share is 0% when the service is covered by both Medicare and Medicaid. There may be cases where you have to pay cost sharing when a service or benefit is not covered by Medicaid.
- ❑ **Full Benefits Dual Eligible (FBDE):** Medicaid may provide limited assistance with Medicare cost-sharing. Medicaid also provides full Medicaid benefits. You are eligible for full Medicaid benefits. At times you may also be eligible for limited assistance from the State Medicaid Office in paying your Medicare cost share amounts. Generally your cost share is 0% when the service is covered by both Medicare and Medicaid. There may be cases where you have to pay cost sharing when a service or benefit is not covered by Medicaid.

If your category of Medicaid eligibility changes, your cost share may also increase or decrease. You must recertify your Medicaid enrollment to continue to receive your Medicare coverage.

Our service area includes these parishes in:

Louisiana: Acadia, Allen, Ascension, Assumption, Avoyelles, Beauregard, Bienville, Bossier,

Caddo, Calcasieu, Caldwell, Cameron, Catahoula, Claiborne, Concordia, De Soto, East Baton Rouge, East Carroll, East Feliciana, Evangeline, Franklin, Grant, Iberia, Iberville, Jackson, Jefferson, Jefferson Davis, Lafayette, Lafourche, LaSalle, Lincoln, Livingston, Madison, Morehouse, Natchitoches, Orleans, Ouachita, Plaquemines, Pointe Coupee, Rapides, Red River, Richland, Sabine, St. Bernard, St. Charles, St. Helena, St. James, St. John the Baptist, St. Landry, St. Martin, St. Mary, St. Tammany, Tangipahoa, Tensas, Terrebonne, Union, Vermilion, Vernon, Washington, Webster, West Baton Rouge, West Carroll, West Feliciana, Winn.

Use network providers and pharmacies

Peoples Health Secure Complete (HMO-POS D-SNP) has a network of doctors, hospitals, pharmacies, and other providers. For routine dental services, you can use providers that are not in our network. If you use pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to **peopleshealth.com** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

Peoples Health Secure Complete (HMO-POS D-SNP)

Premiums and Benefits

| | In-Network |
|---|---|
| Monthly Plan Premium | There is no monthly premium for this plan. |
| Annual Medical Deductible | This plan does not have a deductible. |
| Maximum Out-of-Pocket Amount (does not include prescription drugs) | \$0 annually for Medicare-covered services from in-network providers. |

Peoples Health Secure Complete (HMO-POS D-SNP)

Benefits

| | | In-Network |
|--|---|---|
| Inpatient Hospital Care² | | \$0 copay per stay Our plan covers an unlimited number of days for an inpatient hospital stay. |
| Outpatient Hospital | Ambulatory Surgical Center (ASC) ² | \$0 copay |
| | Outpatient Hospital, including surgery ² | \$0 copay |
| | Outpatient Hospital Observation Services ² | \$0 copay |
| Doctor Visits | Primary Care Provider | \$0 copay |
| | Specialists | \$0 copay |
| | Virtual Medical Visits | \$0 copay to talk with a network telehealth provider online through live audio and video |
| Preventive Services | Medicare-covered | \$0 copay Abdominal aortic aneurysm screening Alcohol misuse counseling Annual wellness visit Bone mass measurement Breast cancer screening (mammogram) Cardiovascular disease (behavioral therapy) Cardiovascular screening Cervical and vaginal cancer screening Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy) Depression screening Diabetes screenings and monitoring Hepatitis C screening HIV screening |

Benefits

| | | In-Network |
|---|--|---|
| | | <p>Lung cancer with low dose computed tomography (LDCT) screening</p> <p>Medical nutrition therapy services</p> <p>Medicare Diabetes Prevention Program (MDPP)</p> <p>Obesity screenings and counseling</p> <p>Prostate cancer screenings (PSA)</p> <p>Sexually transmitted infections screenings and counseling</p> <p>Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)</p> <p>Vaccines, including those for the flu, Hepatitis B, pneumonia, or COVID-19</p> <p>“Welcome to Medicare” preventive visit (one-time)</p> |
| | | <p>Any additional preventive services approved by Medicare during the contract year will be covered. This plan covers preventive care screenings and annual physical exams at 100% when you use in-network providers.</p> |
| | Routine physical | \$0 copay, 1 per year |
| Emergency Care | | <p>\$0 copay (worldwide) per visit</p> <p>If you are admitted to the hospital within 24 hours, you pay the inpatient hospital copay instead of the Emergency Care copay. See the “Inpatient Hospital Care” section of this booklet for other costs.</p> |
| Urgently Needed Services | | \$0 copay (worldwide) per visit |
| Diagnostic Tests, Lab and Radiology Services, and X-Rays | Diagnostic radiology services (e.g. MRI, CT scan) ² | \$0 copay |
| | Lab services ² | \$0 copay |
| | Diagnostic tests and procedures ² | \$0 copay |
| | Therapeutic radiology ² | \$0 copay per service |
| | Outpatient X-rays ² | \$0 copay per service |

Benefits

| | | In-Network |
|--|---|---|
| Hearing Services | Exam to diagnose and treat hearing and balance issues | \$0 copay |
| | Routine hearing exam | \$0 copay, 1 per year |
| | Hearing aids | Plan pays up to \$3,600 every year for 2 hearing aids through UnitedHealthcare Hearing. Includes hearing aids delivered directly to you with virtual follow-up care (select models). |
| Routine Dental Benefits | Preventive | \$0 copay for exams, cleanings, X-rays, and fluoride* |
| | Comprehensive | \$0 copay for comprehensive dental services* |
| | Benefit limit | \$3,500 combined limit on all covered dental services* If you choose to see an out-of-network dentist you might be billed more, even for services listed as \$0 copay |
| Covered in-network and out-of-network. | | |
| Vision Services | Exam to diagnose and treat diseases and conditions of the eye | \$0 copay |
| | Eyewear after cataract surgery | \$0 copay |
| | Routine eye exam | \$0 copay, 1 per year |
| | Routine eyewear | \$0 copay Plan pays up to \$500 every year for frames or contact lenses through UnitedHealthcare Vision. Standard single, bifocal, trifocal, or progressive lenses are covered in full. Home delivered eyewear available nationwide through UnitedHealthcare Vision (select products only). |

Benefits

| | | In-Network |
|---|---|---|
| Mental Health | Inpatient visit ² | \$0 copay per stay Our plan covers 90 days for an inpatient hospital stay. |
| | Outpatient group therapy visit ² | \$0 copay |
| | Outpatient individual therapy visit ² | \$0 copay |
| | Virtual Mental Health Visits | \$0 copay to talk with a network telehealth provider online through live audio and video |
| | Skilled Nursing Facility (SNF)² | \$0 copay per day: days 1-20 \$0 copay per day: days 21-100 Our plan covers up to 100 days in a SNF. |
| Outpatient Rehabilitation Services | Physical therapy and speech and language therapy visit ² | \$0 copay |
| | Occupational Therapy Visit ² | \$0 copay |
| | Virtual Visit | \$0 copay |
| Ambulance² Your provider must obtain prior authorization for non-emergency transportation. | | \$0 copay for ground \$0 copay for air |
| Routine Transportation² | | \$0 copay for unlimited one-way trips with the network transportation provider to or from approved locations. Restrictions apply. |

Benefits

| | | In-Network |
|---|---------------------------------|------------|
| Medicare Part B Prescription Drugs | Chemotherapy drugs ² | \$0 copay |
| | Other Part B drugs ² | \$0 copay |

Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.

Prescription Drugs

| | |
|---------------------------------------|-----|
| Annual Prescription Deductible | \$0 |
|---------------------------------------|-----|

30-day or 100-day supply from retail network pharmacy

| | |
|--------------------------|--|
| All Covered Drugs | \$0 copay Some covered drugs limited to a 30-day supply |
|--------------------------|--|

Important Message About What You Pay for Vaccines - Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your Part D deductible. Call Customer Service for more information.

Important Message About What You Pay for Insulin - You won't pay more than \$0 for a one-month supply of each insulin product covered by our plan, even if you haven't paid your Part D deductible.

Additional Benefits

| | | In-Network |
|---|--|---|
| Chiropractic Care | Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) | \$0 copay |
| Diabetes Management | Diabetes monitoring supplies ² | <p>\$0 copay</p> <p>At a retail pharmacy, we only cover Accu-Chek® and OneTouch® brands.</p> <p>Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Reflect®, OneTouch® Verio, OneTouch® Ultra 2, Accu-Chek® Guide Me, and Accu-Chek® Guide.</p> <p>Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Aviva Plus, and Accu-Chek® SmartView.</p> <p>You can get other brands of glucose monitors and test strips from a DME provider.</p> |
| | Diabetes self-management training ² | \$0 copay |
| | Therapeutic shoes or inserts ² | \$0 copay |
| Durable Medical Equipment (DME) and Related Supplies | Durable Medical Equipment (e.g., wheelchairs, oxygen) ² | \$0 copay |
| | Prosthetics (e.g., braces, artificial limbs) ² | \$0 copay |
| Fitness program | | \$0 copay for One Pass™, which includes a free gym membership at a location you select from our nationwide network, plus a personalized fitness plan, online fitness classes and brain health challenges |

Additional Benefits

| | | In-Network |
|---|--|--|
| Foot Care (podiatry services) | Foot exams and treatment | \$0 copay |
| | Routine foot care | \$0 copay, 6 visits per year |
| Meal Benefit² | | \$0 copay for home-delivered meals from the network meal provider after an eligible hospital stay. Restrictions apply. |
| Home Health Care² | | \$0 copay |
| Hospice | | You pay nothing for hospice care from any Medicare-approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan. |
| NurseLine | | Speak with a registered nurse (RN) 24 hours a day, 7 days a week. |
| Opioid Treatment Program Services | | \$0 copay |
| Outpatient Substance Abuse | Outpatient group therapy visit ² | \$0 copay |
| | Outpatient individual therapy visit ² | \$0 copay |
| Food, over-the-counter (OTC) and utility bill credit | | \$230 credit every month to pay for covered groceries, OTC products and certain utility bills like electric. Shop at network retail locations or get home delivery by ordering online or by phone. |
| Personal Emergency Response System | | \$0 copay for a personal emergency response system (PERS). Help is only a button press away. A PERS device can quickly connect you to the help you need, 24 hours a day in any situation. |
| Renal Dialysis² | | \$0 copay |
| Respite Care² | | \$0 copay for each session with the network respite care provider, up to 12 sessions every year. This benefit is for members diagnosed with dementia. Restrictions apply. |

² May require your provider to get prior authorization from the plan for in-network benefits.

*Benefits are combined in and out-of-network

Medicaid Benefits

Information for people with Medicare and Medicaid. Your services are paid first by Medicare and then by Medicaid.

The benefits described below are covered by Medicaid. You can see what Louisiana Department of Health covers and what our plan covers.

Coverage of the benefits depends on your level of Medicaid eligibility. If Medicare doesn't cover a service or a benefit has run out, Medicaid may help, but you may have to pay a cost share. In some situations, Medicaid may pay your Medicare cost sharing amount. See your Medicaid Member Handbook for more details. If you have questions about your Medicaid eligibility and what benefits you are entitled to, call Louisiana Department of Health, 1-225-342-9500.

Benefits

| | Medicaid | Peoples Health Secure Complete (HMO-POS D-SNP) |
|---|-------------|--|
| Inpatient Hospital Care | Covered | Covered |
| Doctor Office Visits | Covered | Covered |
| Preventive Care | Covered | Covered |
| Emergency Care | Covered | Covered |
| Urgently Needed Services | Covered | Covered |
| Diagnostic Tests Lab and Radiology Services and X-Rays | Covered | Covered |
| Hearing Services | Covered | Covered |
| Dental Services | Covered | Covered |
| Vision Services | Not Covered | Covered |
| Inpatient Mental Health Care | Covered | Covered |
| Mental Health Care | Covered | Covered |
| Skilled Nursing Facility (SNF) | Not Covered | Covered |
| Ambulance | Covered | Covered |
| Transportation (Routine) | Covered | Covered |
| Prescription Drug Benefits | Covered | Covered |
| Chiropractic Care | Not Covered | Covered with Limitations |
| Diabetes Supplies and Services | Covered | Covered |

Benefits

| | Medicaid | Peoples Health Secure Complete (HMO-POS D-SNP) |
|--|-------------|--|
| Durable Medical Equipment | Covered | Covered |
| Foot Care | Covered | Covered |
| Home Health Care | Covered | Covered |
| Hospice | Covered | Covered |
| Outpatient Hospital Services | Covered | Covered |
| Renal Dialysis | Covered | Covered |
| Prosthetic Devices | Covered | Covered |
| Personal Care Services | Covered | Not Covered |
| Telehealth | Covered | Covered |
| Discharge Meal Benefit | Not Covered | Covered |
| Chemotherapy Services | Covered | Covered |
| Neuropsychological Testing | Covered | Covered |
| Residential Substance Use Services in Accordance With the American Society of Addiction Medicine (ASAM) Level of Care | Covered | Covered |
| Outpatient Substance Abuse Care | Covered | Covered |

Required Information

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies. A Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as letters in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Member Services number at 1-800-222-8600 for additional information (TTY users should call 711). Hours are 8 a.m.-8 p.m. local time, 7 days a week.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, cartas en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-800-222-8600, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m., hora local, los 7 días de la semana.

Benefits, features and/or devices vary by plan/area. Limitations and exclusions may apply.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

OptumRx is an affiliate of UnitedHealthcare Insurance Company. You are not required to use OptumRx home delivery for a 100 day supply of your maintenance medication.

If you have not used OptumRx home delivery, you must approve the first prescription order sent directly from your doctor to OptumRx before it can be filled. New prescriptions from OptumRx should arrive within five business days from the date the completed order is received, and refill orders should arrive in about seven business days. Contact OptumRx anytime at 1-877-266-4832, TTY 711.

The Nurseline service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.