

# 2023



**Peoples Health Secure Complete** HMO-POS D-SNP  
H1961-019

**Peoples Health Secure Health** HMO-POS D-SNP  
H1961-003

AVAILABLE STATEWIDE

YOU PAY  
**\$0**  
PLAN PREMIUM



# Picture yourself with Peoples Health.

Peoples Health is the choice of more than 90,000 people with Medicare in Louisiana. Founded in 1994 by medical providers and physicians, we focus on one thing: helping people with Medicare enjoy the best health possible.

Today, Peoples Health is part of the UnitedHealthcare® family of plans. Both organizations share a commitment to helping our members live happier, healthier lives.

## Peoples Health plan types.

**Peoples Health HMO-POS\* D-SNPs (Health Maintenance Organization Dual-Eligible Special Needs Plans)** are available to people who have both Medicare and Medicaid or medical assistance from the state.

**Peoples Health HMO-POS\* (Health Maintenance Organization) plans** feature coordinated care through our extensive network of providers. These plans include Part D drug coverage.

**Peoples Health PPO (Preferred Provider Organization) plans** let you choose in- or out-of-network providers. In most cases, you'll have lower out-of-pocket costs for services received in-network. We offer two PPO options, one with Part D drug coverage and one without.

HMO-POS\* and PPO plans are covered in a separate booklet.

\*Point-of-service (POS) option allows out-of-network dental services. Those out-of-network services may have a higher cost to members. Dental coverage maximums vary by plan.



# You asked for more. We listened!






## Now it's easier than ever to picture yourself with Peoples Health.

Every year, we look for ways to take care of our members better. The enhancements we've made for 2023 are designed to do just that. Look for:

- ✓ **More dollars** – for you to spend on the things you need the most:
  - Utilities
  - Healthy Food
  - Health & Wellness Items
- ✓ **More doctors** – added more doctors to our Louisiana network
- ✓ **More dentists & more dental coverage** – 95% more network dental locations, and all plans now feature out-of-network dental coverage, a \$0 deductible, \$0 restorative services and an expanded list of covered services\*
- ✓ **More eye doctors** – more than doubled our network of vision providers
- ✓ **More fitness options** – 95% more fitness facilities plus a national network, online fitness training and brain health exercises

## Let us help you find a plan

The HMO-POS\* D-SNP that is right for you will depend upon your level of Medicaid benefits or assistance from the state. Call and let us help you find the plan that best fits your needs.

	Secure Complete (HMO-POS* D-SNP)	Secure Health (HMO-POS* D-SNP)
 \$0 Primary Care Visits	YES	YES
 Routine Transportation (trips to and from doctor's office)	Unlimited	Up to 48 one-way trips
 Meals After Inpatient Hospital Stay	Up to 28 meals over 14 days	Up to 28 meals over 14 days
 \$0 Part D Prescription Drug Coverage	YES	YES
 Debit Card for Utilities, Food, and Over-the-Counter Items	\$230/month to spend	\$105/month to spend

# Peoples Health Secure Complete HMO-POS<sup>◇</sup> D-SNP

A Medicare health plan for people with full Medicaid (FBDE, QMB, QMB+, SLMB+) and Medicare. Care is coordinated through our extensive network of providers and the plan is available statewide. This plan includes Part D drug coverage and a \$230 per month allowance for over-the-counter health and wellness items, healthy food, and utility bill payments.



If you don't have Medicare and full Medicaid, ask about our other plans that may be available to you.

Monthly Plan Premium*	\$0
<b>Doctor Visits &amp; NurseLine</b>	
Primary Care Physician Visit	\$0
Specialist Visit	\$0
Virtual Medical Visit	\$0
24-Hour NurseLine	\$0
<b>Preventive Care<sup>+</sup></b>	
Pap Smears, Pelvic Exams, Mammograms	\$0
Prostate & Colorectal Cancer Screenings	\$0
Vaccinations (COVID-19, flu, pneumonia, hepatitis B)	\$0
<b>Labs &amp; Tests<sup>+</sup></b>	
Lab Services	\$0
Diagnostic Tests & X-rays	\$0
Advanced Imaging (MRI, MRA, CT, CTA, PET scans, etc.)	\$0
<b>Outpatient Surgery</b>	
Surgery (outpatient hospital or ambulatory surgical center)	\$0
<b>Inpatient Hospital Care per Admission</b>	
Inpatient Deductible	\$0
Inpatient Stay	\$0
<b>Emergency Care, Urgent Care &amp; Emergency Transportation</b>	
Emergency Care	\$0
Urgently Needed Care	\$0
Emergency Ambulance Services (per one-way trip, ground or air)	\$0
Worldwide (out of USA) Emergency Care, Urgent Care and Emergency Ambulance Services (to nearest facility)	\$0

<sup>◇</sup>Point-of-service (POS) option allows out-of-network dental services. Those out-of-network services may have a higher cost to members.

\*This plan's premium is paid by Medicare's Extra Help program.

\*Office visit copay may apply.

Home Health	\$0
Skilled Nursing Facility Care (semiprivate room and board)	\$0
Occupational, Physical or Speech Therapy Visit	\$0
Durable Medical Equipment – DME (wheelchairs, oxygen, etc.)	\$0
Diabetes Monitoring Supplies (test strips, monitor, etc. from a DME provider or retail pharmacy)	\$0
Inpatient Mental Health Care (per day)	\$0
Outpatient Mental Health Visit	\$0
Outpatient Substance Abuse Visit	\$0
Virtual Mental Health Treatment Visit	\$0

#### Additional Benefits not Covered by Original Medicare



Allowance for Utility Bill Payments, Food and Over-the-Counter Health & Wellness Items	\$230 allowance per month
Meals After Inpatient Hospital Stay (up to 28 meals over 14 days)	\$0
Hearing Aids (choose from a range of styles and features)	\$0; \$3,600 allowance per year
Routine Eye Exam	\$0
Eyeglasses or Contact Lenses (one pair per year)	\$0; \$500 allowance per year
Dental - Preventive <sup>‡</sup> (oral exams, cleanings and X-rays)	\$0
Dental - Comprehensive <sup>‡</sup> (fillings, dentures, implants, etc.)	\$0
Dental - Coverage Maximum	\$3,500
Respite Care (12 respite care sessions per year, up to 8 hours per session, for members with dementia, including Alzheimer's disease)	\$0
Nonemergency Routine Transportation (such as trips to and from your doctor's office within 40 miles of your home)	\$0 (unlimited trips)
One Pass™ Fitness <sup>Δ</sup>	\$0
Emergency Medical Alert Device	\$0

#### Medicare Part D Prescription Drugs • 30-day Supply

Generic	\$0
Brand	\$0
100-day supplies of maintenance drugs available at retail pharmacies and by mail order. Specialty drugs limited to a 30-day supply.	

<sup>‡</sup>Out-of-network dental services may have higher member costs.

<sup>Δ</sup> One Pass is a trademark of Optum, Inc. and/or its affiliates. © 2022 Optum, Inc.

# Peoples Health Secure Health HMO-POS<sup>◇</sup> D-SNP

A Medicare health plan for people with medical assistance from the state (FBDE, QDWI, QI, QMB, QMB+, SLMB, SLMB+) and Medicare. This plan includes Part D drug coverage and a \$105 per month allowance for over-the-counter health and wellness items, healthy food, and utility bill payments. Copays vary depending on your Medicaid level.



If you don't have Medicare and Medicaid or medical assistance from the state, ask about our other plans that may be available to you.

Monthly Plan Premium*	\$0
<b>Doctor Visits &amp; NurseLine</b>	
Primary Care Physician Visit	\$0
Specialist Visit	\$0 or \$10
Virtual Medical Visit	\$0
24-Hour NurseLine	\$0
<b>Preventive Care<sup>+</sup></b>	
Pap Smears, Pelvic Exams, Mammograms	\$0
Prostate & Colorectal Cancer Screenings	\$0
Vaccinations (COVID-19, flu, pneumonia, hepatitis B)	\$0
<b>Labs &amp; Tests<sup>+</sup></b>	
Lab Services	\$0
Diagnostic Tests & X-rays	\$0
Advanced Imaging (MRI, MRA, CT, CTA, PET scans, etc.)	\$0 or \$75
<b>Outpatient Surgery</b>	
Surgery (outpatient hospital or ambulatory surgical center)	\$0
<b>Inpatient Hospital Care per Admission</b>	
Inpatient Deductible	\$0
Inpatient Stay	\$0 or \$75 per day for days 1-10 \$0 for days 11 and beyond
<b>Emergency Care, Urgent Care &amp; Emergency Transportation<sup>°</sup></b>	
Emergency Care	\$0 or \$50
Urgently Needed Care	\$0
Emergency Ambulance Services (per one-way trip, ground or air)	\$0 or \$75
Worldwide (out of USA) Emergency Care, Urgent Care and Emergency Ambulance Services (to nearest facility)	\$0

<sup>◇</sup>Point-of-service (POS) option allows out-of-network dental services. Those out-of-network services may have a higher cost to members.

\*This plan's premium is paid by Medicare's Extra Help program.

<sup>+</sup>Office visit copay may apply.

<sup>°</sup>Emergency care copay waived if admitted to inpatient hospital care within 24 hours for the same condition.

Home Health	\$0
Skilled Nursing Facility Care (semiprivate room and board)	\$0 for days 1-20 \$0 or \$100 for days 21-100
Occupational, Physical or Speech Therapy Visit	\$0
Durable Medical Equipment – DME (wheelchairs, oxygen, etc.)	\$0
Diabetes Monitoring Supplies (test strips, monitor, etc. from a DME provider or retail pharmacy)	\$0
Inpatient Mental Health Care (per day)	\$0 or \$75 for days 1-10 \$0 for days 11-90
Outpatient Mental Health Visit	\$0 or \$10
Outpatient Substance Abuse Visit	\$0
Virtual Mental Health Treatment Visit	\$0

#### Additional Benefits not Covered by Original Medicare



Allowance for Utility Bill Payment, Food and Over-the-Counter Health & Wellness Items	\$105 allowance per month
Meals After Inpatient Hospital Stay (up to 28 meals over 14 days)	\$0
Hearing Aids (choose from a range of styles and features)	\$0; \$1,100 allowance per year
Routine Eye Exam	\$0
Eyeglasses or Contact Lenses (one pair per year)	\$0; \$450 allowance per year
Dental - Preventive <sup>‡</sup> (oral exams, cleanings and X-rays)	\$0
Dental - Comprehensive <sup>‡</sup> (fillings, dentures, implants, etc.)	\$0
Dental - Coverage Maximum	\$2,500
Respite Care (12 respite care sessions per year, up to 8 hours per session, for members with dementia, including Alzheimer's disease)	\$0
Nonemergency Routine Transportation (such as trips to and from your doctor's office within 40 miles of your home)	\$0 (up to 48 one-way trips)
One Pass™ Fitness <sup>Δ</sup>	\$0
Emergency Medical Alert Device	\$0

#### Medicare Part D Prescription Drugs • 30-day Supply

Generic	\$0
Brand	\$0
100-day supplies of maintenance drugs available at retail pharmacies and by mail order. Specialty drugs limited to a 30-day supply.	

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For more information on Medicare or our plan benefits, call toll-free:

**1-855-286-9746 (TTY: 711)**

Daily: 7 a.m. to 10 p.m.

Asistencia disponible en español.

Three Lakeway Center | 3838 N. Causeway Blvd., Suite 2500 | Metairie, LA 70002

[www.peopleshealth.com](http://www.peopleshealth.com)



Connect with us.

# Peoples Health earned Medicare's highest rating. Again!



Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies. For Medicare Advantage Plans: A Medicare Advantage organization with a Medicare contract. For Dual Special Needs Plans: A Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal. Out-of-network/noncontracted providers are under no obligation to treat Peoples Health members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services. Contact the plan for more information. Every year, Medicare evaluates plans based on a 5-star rating system. Peoples Health HMO-POS plans under Medicare contract H1961 are rated 5 out of 5 stars for 2023. Y0066\_23PHAEPDSNPQGSTARSSHSCReg\_M