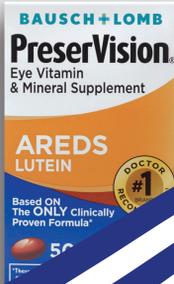


**PEOPLES HEALTH**

Your **Medicare Health Team**  
A UnitedHealthcare Company



# 2022 Essentials+ Catalog

Shop over-the-counter (OTC) products with your benefit credits from Peoples Health



Find more products online at [ShopFirstLineBenefits.com](https://ShopFirstLineBenefits.com) or download the **FirstLine Benefits** app

Delivered by



**FirstLine**  
BENEFITS

# Your OTC benefit

As part of your Peoples Health OTC benefit, you get credits to spend on over-the-counter products. Use your credits to shop toothpaste, pain relief, vitamins, cough drops and more. It's all included with your health plan at no cost to you.

## How it works

1. Credits are added to your account every three months.
2. Use your credits to buy approved OTC products. You only need your health plan Member ID to make purchases.
3. Credits expire every three months: Mar. 31, June 30, Sept. 30 and Dec. 31.

## Choose how you shop

### Catalog



Fill out an order form and mail it in.  
Or call to place your order by phone.

### Online

Find all catalog items, plus hundreds more when you shop online.



**Web**  
Visit [ShopFirstLineBenefits.com](https://ShopFirstLineBenefits.com)



**App**  
Download the **FirstLine Benefits app** on your phone or tablet

**Save this catalog.** You may want to reference it each time you place an order.

## Allergy



### Allegra® Allergy – 24 Hour

Non-drowsy. May help relieve indoor and outdoor allergy symptoms of sneezing, runny nose, itchy watery eyes, itchy nose or throat. Fexofenadine HCl 180 mg.

**3396\*\*\***

70 tablets

**\$38.59**

### Allergy Relief Tablets – 24 Hour

Compares to Allegra® Allergy.

**3088\*\*\***

30 tablets

**\$12.89**



### Benadryl® – Allergy Relief

May help relieve allergy symptoms. Diphenhydramine HCl 25 mg. Antihistamine.

**3437**

100 ultratabs

**\$13.59**

### Allergy Relief

Compares to Benadryl® Allergy Ultratab®.

**3193**

100 tablets

**\$4.65**



### Allergy Relief – Loratadine 10 mg

Compares to Claritin® 24 Hour.

**3235\*\*\***

30 tablets

**\$4.99**



### Fluticasone Nasal Spray 50 mcg

Compares to Flonase®.

**3056**

120 sprays

**\$18.99**



### Saline Nasal Spray

Compares to Ocean® moisturizing nasal spray.

**3244**

3 fl. oz.

**\$3.99**



### Zyrtec® – 24 Hour

May help relieve sneezing, runny nose, itchy and watery eyes and itchy throat or nose. Cetirizine HCl 10 mg. Antihistamine.

**3487\*\*\***

30 tablets

**\$20.19**

**3724\*\*\***

24 dissolve tabs

**\$21.59**

### Allergy Relief Cetirizine – All Day

Compares to Zyrtec®.

**3202\*\*\***

90 tablets

**\$14.99**

## Cough, Cold & Flu



### Abreva – Docosonal 10%

Cold sore and fever blister treatment.

**3675**

2 grams

**\$18.79**



### Cepacol® Extra Strength Lozenges

Honey-Lemon flavor.

**7456**

16 lozenges

**\$4.29**

### Sore Throat Lozenges

Compares to Cepacol®. Cherry flavor.

**2837**

18 lozenges

**\$2.99**

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Cough, Cold & Flu

|                                                                                    |                                                                                                                                                                                         |                              |                |
|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|----------------|
|    | <b>Cold Multi-Symptom — Day and Night</b><br>Cold Multi-Symptom Day & Night.<br>12 daytime/8 nighttime caplets.                                                                         | <b>3001</b><br>20 caplets    | <b>\$6.99</b>  |
|    | <b>Cough &amp; Cold Relief — High Blood Pressure</b><br>Compares to Coricidin® HBP Cough & Cold.                                                                                        | <b>2135</b><br>16 tablets    | <b>\$5.59</b>  |
|    | <b>Luden's® Throat Drops</b><br>May soothe minor sore throats and relieve mouth irritation and pain. Wild Cherry flavor.                                                                | <b>2439</b><br>90 count      | <b>\$4.87</b>  |
|    | <b>N'Ice Lozenges — Sugar-Free — Menthol</b><br>Diabetic safe. Controls coughs and minor sore throat pain.                                                                              | <b>3928</b><br>24 lozenges   | <b>\$5.99</b>  |
|    | <b>Cough Drops — Regular — Honey Lemon</b><br>Compares to Halls®. Two packs of 30 drops.                                                                                                | <b>3082</b><br>60 count      | <b>\$2.99</b>  |
|   | <b>Cough Drops — Sugar-Free — Black Cherry</b><br>Compares to Halls®. Two packs of 25 drops.                                                                                            | <b>3081</b><br>50 count      | <b>\$2.99</b>  |
|  | <b>DM Cough Syrup — Sugar-Free</b><br>Controls cough. Loosens and relieves chest congestion.                                                                                            | <b>3364</b><br>4 fl. oz.     | <b>\$4.99</b>  |
|                                                                                    |                                                                                                                                                                                         | <b>3360</b><br>16 fl. oz.    | <b>\$7.99</b>  |
|  | <b>Guaifenesin 600 mg + DM 30 mg</b><br>Compares to Maximum Strength Mucinex® DM.                                                                                                       | <b>4862</b><br>40 tablets    | <b>\$19.99</b> |
|  | <b>Robafen CF Cough &amp; Cold</b><br>Compare to Robitussin® CF. May help relieve cough, stuffy nose and chest congestion. Item contains artificial sweeteners, sorbitol and sucralose. | <b>3375</b><br>4 fl. oz.     | <b>\$3.99</b>  |
|  | <b>Nasal Decongestant PE</b><br>Compares to Sudafed PE® Nasal Decongestant.                                                                                                             | <b>3370</b><br>36 tablets    | <b>\$4.99</b>  |
|  | <b>Theraflu — Flu and Sore Throat Relief Powder</b><br>May help relieve cold and flu symptoms. Apple Cinnamon flavor.                                                                   | <b>3149</b><br>6 packets     | <b>\$7.85</b>  |
|  | <b>Vicks® DayQuil™ Cold &amp; Flu</b><br>May help relieve cold and flu symptoms. Non-drowsy.                                                                                            | <b>4512</b><br>24 LiquiCaps™ | <b>\$9.99</b>  |

|                                                                                       |                                                                                                                        |                                     |                |
|---------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|-------------------------------------|----------------|
|    | <b>Cold &amp; Flu — Daytime</b><br>Compares to Vicks® DayQuil™ Cold & Flu.                                             | <b>3074</b><br>12 fl. oz.           | <b>\$5.29</b>  |
|    | <b>Cold &amp; Flu — Nighttime</b><br>Compares to Vicks® Nyquil™ Cold & Flu.                                            | <b>1657</b><br>12 fl. oz.           | <b>\$6.29</b>  |
|    | <b>Vicks® Sinex™ Saline</b><br>Ultra fine mist spray. Drug free.                                                       | <b>4729</b><br>5 fl. oz.            | <b>\$9.63</b>  |
|    | <b>Vicks® VapoInhaler™</b><br>Menthol scent. Drug free.                                                                | <b>4921</b><br>2 sticks             | <b>\$11.37</b> |
|    | <b>Vicks® VapoRub®</b><br>Cough suppressant chest rub.                                                                 | <b>4534</b><br>3.53 oz.             | <b>\$9.63</b>  |
|                                                                                       | <b>Medicated Chest Rub</b><br>Compares to Vicks® VapoRub®.                                                             | <b>2972</b><br>3.53 oz.             | <b>\$2.99</b>  |
| <b>Digestive Health</b>                                                               |                                                                                                                        |                                     |                |
|  | <b>Prilosec OTC®</b><br>Heartburn relief and acid reducer.                                                             | <b>1823***</b><br>42 tablets        | <b>\$26.29</b> |
|                                                                                       | <b>Omeprazole Magnesium Acid Reducer</b><br>Compares to Prilosec OTC®.                                                 | <b>1856***</b><br>42 capsules       | <b>\$19.15</b> |
|  | <b>Antacid &amp; Pain Relief Effervescent Tablets</b><br>Compares to Alka-Seltzer®.                                    | <b>3688</b><br>36 tablets           | <b>\$8.59</b>  |
|  | <b>Acid Reducer Famotidine</b><br>Compares to Original Strength Pepcid® AC. May help with heartburn.                   | <b>1878***</b><br>30 tablets        | <b>\$3.99</b>  |
|  | <b>Tums® Smoothies™ — Extra Strength</b><br>Relieves heartburn, acid indigestion, sour stomach. Assorted fruit flavor. | <b>1288</b><br>140 chewable tablets | <b>\$8.63</b>  |
|                                                                                       | <b>Antacid Tablets</b><br>Compares to TUMS®.                                                                           | <b>1881</b><br>150 tablets          | <b>\$3.59</b>  |
|                                                                                       | <b>Antacid Tablets — Extra Strength</b><br>Compares to TUMS® Extra Strength.                                           | <b>1890</b><br>96 tablets           | <b>\$2.39</b>  |

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Digestive Health (continued)

|                                                                                    |                                                                                                                           |                                     |                |
|------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------|----------------|
|    | <b>Ultra Strength Antacid Soft Chews</b><br>May help relieve heartburn, sour stomach and acid indigestion. Cherry flavor. | <b>1814</b><br>36 chews             | <b>\$4.99</b>  |
|    | <b>Gas-X® Extra Strength</b><br>Offers fast gas relief of pressure, bloating, and discomfort.                             | <b>1233</b><br>50 softgels          | <b>\$10.13</b> |
|                                                                                    | <b>Gas Relief Simethicone 80 mg</b><br>Compares to regular strength Gas-X®.                                               | <b>1783</b><br>100 chewable tablets | <b>\$8.99</b>  |
|                                                                                    | <b>Anti-Diarrheal Caplets</b><br>Compares to Imodium® A-D.                                                                | <b>1603</b><br>12 caplets           | <b>\$1.37</b>  |
|    | <b>Stomach Relief Bismuth Liquid</b><br>Compares to Pepto-Bismol®.                                                        | <b>1579</b><br>8 fl. oz.            | <b>\$2.29</b>  |
|   | <b>Stomach Relief Chewable Tablets</b><br>Compares to Pepto-Bismol®.                                                      | <b>1584</b><br>30 tablets           | <b>\$2.99</b>  |
|  | <b>Milk of Magnesia</b><br>Compares to Phillips'®.                                                                        | <b>1624</b><br>12 fl. oz.           | <b>\$2.99</b>  |
|                                                                                    | <b>ClearLax Powder</b><br>Compares to Miralax®.                                                                           | <b>1623</b><br>17.9 oz.             | <b>\$15.99</b> |
|  | <b>Natural Fiber Powder – Sugar-free</b><br>Compares to Metamucil®. Orange flavor.                                        | <b>1510</b><br>48 servings          | <b>\$6.99</b>  |
|  | <b>Fiber Powder – Unflavored</b><br>Compares to Benefiber®.                                                               | <b>1684</b><br>62 servings          | <b>\$8.99</b>  |
|  | <b>Nausea Relief</b><br>Compares to Emertrol®. Cherry flavor.                                                             | <b>6231</b><br>4 oz.                | <b>\$5.99</b>  |
|  | <b>Motion Sickness – Less Drowsy</b><br>Compares to Dramamine Less Drowsy® Formula.                                       | <b>2623</b><br>8 tablets            | <b>\$1.99</b>  |
|  | <b>Dulcolax® Laxative – Overnight Relief</b><br>For relief of occasional constipation and irregularity.                   | <b>1593</b><br>50 tablets           | <b>\$10.27</b> |

|                                                                                       |                                                                                                                                            |                                                                                                                                                   |               |
|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
|    | <b>Laxative Natural Vegetable Tablets</b><br>Compares to Senokot®. Gentle overnight relief of occasional constipation. Sennosides, 8.6 mg. | <b>1571</b><br>100 tablets                                                                                                                        | <b>\$4.99</b> |
|    | <b>Stool Softener Softgels</b><br>Compares to Colace®. May help relieve occasional constipation.                                           | <b>1558</b><br>100 softgels                                                                                                                       | <b>\$3.59</b> |
|    | <b>Dairy Aid®</b><br>Compares to Lactaid®. May help prevent gas, bloating or diarrhea.                                                     | <b>1612</b><br>60 caplets                                                                                                                         | <b>\$5.99</b> |
| <b>First Aid</b>                                                                      |                                                                                                                                            |                                                                                                                                                   |               |
|    | <b>Nexcare™ Liquid Bandage Spray</b><br>Covers and protects to allow healing. No sting formula.                                            | <b>4675</b><br>0.61 fl. oz.                                                                                                                       | <b>\$7.99</b> |
|    | <b>Band-Aid® Flexible Fabric Adhesive Bandage</b><br>1" x 3".                                                                              | <b>6601</b><br>100 count                                                                                                                          | <b>\$9.49</b> |
|   | <b>Band-Aid® Tough Strips® Adhesive Bandage</b><br>Not recommended for sensitive or thin skin. Up to 24 hour protection. 1" x 3¼".         | <b>6520</b><br>60 count                                                                                                                           | <b>\$7.87</b> |
|  | <b>Curad® Adhesive Bandages</b><br>Long lasting, sure-stick adhesive stays secure even when wet.                                           | <b>5153</b> <b>\$4.99</b> <b>5118</b> <b>\$6.50</b> <b>5160</b> <b>\$6.99</b><br>3/4" 80 count      Waterproof 1" 100 count      2" x 4" 50 count |               |
|  | <b>Curad® Variety Pack Bandages</b><br>20 Waterproof, 50 Flex-Fabric™, 60 Plastic, 60 Sheer, 10 XL Flex-Fabric™.                           | <b>6535</b><br>200 count                                                                                                                          | <b>\$8.99</b> |
|  | <b>Curad® Ouchless Adhesive Bandages</b><br>Flexible fabric material with EZ Release™ silicone adhesive.                                   | <b>1065</b><br>50 count                                                                                                                           | <b>\$8.99</b> |
|  | <b>Curad® Quickstop™ Adhesive Bandage</b><br>Non-stick pad material. Assorted sizes.                                                       | <b>4140</b><br>30 count                                                                                                                           | <b>\$6.99</b> |
|  | <b>Q-Tips® Cotton Swabs</b><br>100% cotton.                                                                                                | <b>5431</b><br>750 count, 2 pack                                                                                                                  | <b>\$9.85</b> |
|                                                                                       | <b>Cotton Swabs</b><br>Double-tipped.                                                                                                      | <b>5265</b><br>300 count                                                                                                                          | <b>\$2.79</b> |

First Aid (continued)

|                                                                                    |                                                                                                                                                                                                  |                   |                   |                   |
|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------------|-------------------|
|    | <b>Curad® First Aid Kit</b><br>Includes bandages, tape, gauze, exam gloves, cold pack, tweezers and cleansing towelettes.                                                                        | <b>5150</b>       | Limit 3           | <b>\$11.99</b>    |
|    | <b>Powder-free Synthetic Exam Glove</b><br>Stretch vinyl gloves are powder-free and latex-free. Beige color.<br><b>Specify Size when ordering.</b>                                               | <b>2017</b>       | Limit 1           | <b>\$12.99</b>    |
|                                                                                    | <b>Size Count</b>                                                                                                                                                                                | <b>Size Count</b> | <b>Size Count</b> | <b>Size Count</b> |
|                                                                                    | <b>S 100</b>                                                                                                                                                                                     | <b>M 100</b>      | <b>L 100</b>      | <b>XL 90</b>      |
|    | <b>Reusable Cold &amp; Hot Pack</b><br>Gel-filled pack provides hot or cold pain relief.                                                                                                         | <b>5331</b>       |                   | <b>\$6.99</b>     |
|    | <b>Antiseptic Spray</b><br>Easy to apply, water-resistant and transparent spray forms a seal around cuts and scrapes, keeping dirt and germs out.<br><b>Cannot ship to Hawaii or P.O. boxes.</b> | <b>3034</b>       |                   | <b>\$6.99</b>     |
|   | <b>Isopropyl Alcohol</b><br>First aid antiseptic. 70% isopropyl alcohol.<br><b>Cannot ship to Hawaii or P.O. boxes.</b>                                                                          | <b>5672***</b>    |                   | <b>\$1.75</b>     |
|  | <b>Isopropyl Alcohol Prep Pads</b><br>First aid antiseptic. Handy Wipes. 70% isopropyl alcohol.                                                                                                  | <b>5664***</b>    |                   | <b>\$3.99</b>     |
|  | <b>Hydrogen Peroxide</b><br>First aid antiseptic. Topical solution.                                                                                                                              | <b>5655</b>       |                   | <b>\$0.99</b>     |
|  | <b>Neosporin® Ointment</b><br>Infection protection to treat minor cuts, scrapes and burns.                                                                                                       | <b>8213</b>       |                   | <b>\$7.75</b>     |
|  | <b>Neosporin® + Pain Relief</b><br>Fast-absorbing, dual-action cream.                                                                                                                            | <b>8468</b>       |                   | <b>\$9.12</b>     |
|  | <b>Triple Antibiotic Ointment</b><br>For minor cuts, scrapes and burns.                                                                                                                          | <b>5462</b>       |                   | <b>\$2.49</b>     |
|  | <b>Petroleum Jelly</b><br>Multipurpose skin protectant.<br>Moisturizes rough, dry, chapped skin.                                                                                                 | <b>5649</b>       |                   | <b>\$1.99</b>     |
|                                                                                    |                                                                                                                                                                                                  | <b>5680</b>       |                   | <b>\$2.97</b>     |

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|                                                                                       |                                                                                                                                                           |             |  |                |
|---------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|--|----------------|
|    | <b>Curad® Wound Care Kit</b><br>Supplies to help clean (gauze pads), cover (non-stick pad or gauze roll) and secure (paper tape or gauze roll) wounds.    | <b>5012</b> |  | <b>\$8.99</b>  |
|    | <b>Curad® Germ Shield™ Antimicrobial Gel</b><br>Silver solution wound gel. For minor cuts, scrapes and burns. Hydrates, does not sting nor stain.         | <b>2928</b> |  | <b>\$7.99</b>  |
|    | <b>Curad® Cloth/Silk Tape</b><br>Strong woven tape, ideal for affixing dressing. Water repellent and easy to tear. 2" x 10 yds.                           | <b>5246</b> |  | <b>\$5.99</b>  |
|    | <b>Curad® Non-Adherent Pad</b><br>Sterile absorbent cotton and polyester pad that does not stick to lightly draining wounds. 3" x 4".                     | <b>5554</b> |  | <b>\$7.99</b>  |
|    | <b>Curad® Paper Tape – Gentle</b><br>Breathable tape for sensitive skin. 2" x 10 yds.                                                                     | <b>5231</b> |  | <b>\$2.99</b>  |
|   | <b>Curad® Transparent Tape</b><br>Perforated plastic tape that permits skin examination without tape removal, provides easy bilateral tear. 2" x 10 yds.  | <b>5227</b> |  | <b>\$2.23</b>  |
|  | <b>Dr Teal's® Pure Epsom Salt</b><br>May ease aches and pains from muscle soreness.                                                                       | <b>5460</b> |  | <b>\$5.67</b>  |
|  | <b>Epsom Salt</b><br>Multi-use product. Commonly used as an aid in soaking minor sprains and bruises.                                                     | <b>5373</b> |  | <b>\$1.87</b>  |
|  | <b>OFF!® Deep Woods® Insect Repellent V</b><br>May provide long-lasting protection against biting insects.<br><b>Cannot ship to Hawaii or P.O. boxes.</b> | <b>1933</b> |  | <b>\$13.70</b> |
|  | <b>Ben's® Tick &amp; Insect Repellent</b><br>Repels mosquitoes for up to 10 hours. 30% DEET.                                                              | <b>1632</b> |  | <b>\$7.99</b>  |
|  | <b>Bite and Sting Relief Ointment</b><br>Temporary relief of pain and itching due to bug bites.                                                           | <b>3598</b> |  | <b>\$4.99</b>  |
|  | <b>Cortizone 10® Anti-Itch Creme</b><br>May provide fast itch relief and reduce inflammation. Contains 1% hydrocortisone.                                 | <b>3582</b> |  | <b>\$8.33</b>  |

First Aid (continued)

 **Anti-Itch Cream** **5455** **\$2.69**  
 Compares to Extra Strength Benadryl® cream. 1.25 oz.

Hand Soaps & Hand Sanitizers

 **Hand Sanitizer — Alcohol-Free Foam** **5705** **\$3.99**  
 Kills more than 99% of germs. 1.7 oz.  
**5691** **\$5.99**  
 With Vitamin E. 8 oz.

 **Hand Sanitizer — Gel** **4799** **\$5.49**  
 ⚠ *Cannot ship to Hawaii or P.O. boxes.* 8 fl. oz.

 **Hand Sanitizer Wipes** **5233** **\$4.99**  
 70% ethyl alcohol. Made in U.S.A. 80 count  
 ⚠ *Cannot ship to Hawaii or P.O. boxes.* **7088** **\$12.99**  
 160 count

 **Hand Sanitizer — Foam** **5512** **\$16.99**  
 70% ethyl alcohol. Foam formula evaporates quickly on hands. 18 fl. oz.  
 ⚠ *Cannot ship to Hawaii or P.O. boxes.*

 **Moisturizing Hand Soap** **5647** **\$2.99**  
 Gently moisturizes and cleans hands. 7.5 fl. oz.

Pain Relief & Management

 **Tylenol® Extra Strength 500 mg** **6431** **\$10.50**  
 Helps reduce fever and provide temporary relief of minor aches and pains. Acetaminophen 500 mg. 100 caplets  
**2228** **\$16.99**  
 225 caplets

 **Tylenol® Regular Strength 325 mg** **2299** **\$7.97**  
 Temporarily reduce fever and relieve minor aches and pains. Acetaminophen 325 mg. 100 tablets

**Pain Relief Acetaminophen 325 mg** **2664** **\$1.79**  
 Compares to Regular Strength Tylenol®. 100 tablets

 **Tylenol® PM Extra Strength Pain Reliever & Sleep Aid** **2819** **\$12.99**  
 May relieve minor aches and pains while helping you fall asleep. Acetaminophen 500 mg. 100 caplets

**Pain Reliever — Nighttime Sleep Aid** **2703** **\$2.99**  
 Compares to Extra Strength Tylenol® PM. 50 caplets

 **Tylenol® 8 Hour Arthritis & Joint Pain** **2996** **\$19.39**  
 For temporary relief of minor arthritis and joint pain. Acetaminophen 650 mg. 220 count

 **Pain Relief Naproxen Sodium** **2760** **\$5.89**  
 Compares to Aleve®. 100 tablets

 **Motrin® IB Pain Reliever / Fever Reducer** **2461** **\$8.99**  
 Ibuprofen 200 mg. 50 coated caplets  
**2472** **\$12.99**  
 100 coated caplets

**Ibuprofen 200 mg** **2588** **\$2.37**  
 Compares to Motrin® IB. 100 tablets

**Aspirin 81 mg Enteric Coated** **2716** **\$1.99**  
 Compares to Bayer® Low Dose Aspirin 81 mg. 120 tablets  
**2720** **\$2.99**  
 300 tablets

 **Aspirin 325 mg Tablets** **5645** **\$3.99**  
 Compares to Bayer® Aspirin. May help relieve headache pain, muscle aches, arthritis, cramps and fever discomfort. 100 tablets

 **Excedrin® Migraine** **2474** **\$11.37**  
 For migraine headache relief. Acetaminophen 250 mg, Aspirin 250 mg (NSAID), Caffeine 65 mg. 100 caplets

 **Salonpas® 8-hour Pain Relieving Patch** **2932** **\$10.49**  
 For temporary relief of minor aches and pains. 60 patches

 **Pain Relief Patch** **2195** **\$5.50**  
 Maximum Strength with 4% Lidocaine. 5 patches

 **Pain Relieving Gel** **2357** **\$6.99**  
 Pain Relieving Menthol Gel. 2% menthol. 8 oz.  
 Compares to Mineral Ice. **1011** **\$9.99**  
 ⚠ *Cannot ship to Hawaii or P.O. boxes.* 16 oz.

 **Aspercreme® with 4% Lidocaine** **2833** **\$10.99**  
 Temporary relief for tough muscle pain, joint pain and back pain. Odor-free. No-mess applicator. 2.5 fl. oz.

 **Theraworx® Relief Fast Acting Spray** **6715** **\$20.99**  
 For leg cramps, foot cramps and muscle soreness. 7.1 oz.

 **BC Powder® Original Strength Pain Reliever** **2315** **\$6.69**  
 Temporarily relieves head, back, tooth and muscle aches. Contains 845 mg Aspirin (NSAID) and 65 mg Caffeine. 50 powder sticks

**Pain Relief & Management** (continued)

|                                                                                  |                                                                                                                                                        |                                                                                                 |                                                  |
|----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|--------------------------------------------------|
|  | <b>Preparation H® Flushable Medicated Wipes</b><br>Helps relieve the local itching and discomfort associated with hemorrhoids.                         | <b>1827</b><br>48 count                                                                         | <b>\$6.27</b>                                    |
|  | <b>Preparation H® Hemorrhoidal Ointment</b><br>Soothing relief from painful burning, itching and discomfort.                                           | <b>1746</b><br>1 oz.                                                                            | <b>\$7.17</b>                                    |
|  | <b>ActivICE™</b><br>Temporary relief from muscle aches, joint and back pain. 8% menthol.<br>⚠ Cannot ship to Hawaii or P.O. boxes.                     | <b>6123</b><br>3 oz. roll-on<br><b>7125</b><br>4 fl. oz. spray<br><b>8127</b><br>4 oz. gel tube | <b>\$7.79</b><br><b>\$8.99</b><br><b>\$13.99</b> |
|  | <b>Miconazole Cream – 7 Day</b><br>May help cure most vaginal yeast infections. May help reduce vaginal burning, itching and discharge that may occur. | <b>3099</b><br>1.5 oz.                                                                          | <b>\$8.99</b>                                    |

**Stop Smoking**

|                                                                                    |                                                                                                                                                                                                                                                      |                                                                          |                                  |
|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------|
|  | <b>Nicotine Lozenge</b><br>Compares to Nicorette® Lozenge. 4 mg is for those who smoke their first cigarette within 30 minutes after waking up. 2 mg is for those who smoke their first cigarette more than 30 minutes after waking up. Mint flavor. | <b>4222*</b><br>2 mg 72 lozenges<br><b>4249*</b><br>4 mg 72 lozenges     | <b>\$41.99</b><br><b>\$41.99</b> |
|  | <b>Nicotine Gum</b><br>Compares to Nicorette® Gum. 2 mg formula is for those who smoke fewer than 25 cigarettes a day. 4 mg formula is for those who smoke more than 25 cigarettes a day. Not recommended for people with dentures. Mint flavor.     | <b>4929*</b><br>2 mg 110 count gum<br><b>4944*</b><br>4 mg 110 count gum | <b>\$35.99</b><br><b>\$35.99</b> |

**Nicotine Patch**

Compares to the active ingredient in Habitrol®. Color: Clear.

|                                                                                    |                              |              |                |
|------------------------------------------------------------------------------------|------------------------------|--------------|----------------|
|  | <b>Step 1</b> 21 mg 14 count | <b>3634*</b> | <b>\$35.99</b> |
|  | <b>Step 2</b> 14 mg 14 count | <b>3631*</b> | <b>\$35.99</b> |
|  | <b>Step 3</b> 7 mg 14 count  | <b>3628*</b> | <b>\$35.99</b> |

\* Members may purchase this item after discussing item(s) with their physician who recommends the item(s) for a specific condition.

**Eye & Ear Care**

|                                                                                       |                                                                                                                                                    |                                                                                  |                                                                  |
|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------|
|    | <b>Bausch &amp; Lomb Advanced Eye Relief®</b><br>Replenishes tears.                                                                                | <b>2743</b><br>1 fl. oz.                                                         | <b>\$9.99</b>                                                    |
|    | <b>Bausch &amp; Lomb Soothe® Preservative-Free Lubricant Eye Drops</b><br>May help moisturize and comfort dry eyes. Recommended for LASIK dryness. | <b>2854</b><br>30 vials                                                          | <b>\$17.79</b>                                                   |
|    | <b>Clear Eyes® Max Itchy Eye Relief</b><br>May relieve itchy eyes.                                                                                 | <b>2431</b><br>3 pack, 0.5 fl. oz. each                                          | <b>\$12.13</b>                                                   |
|    | <b>Debrox® Earwax Removal Aid</b><br>Gentle microfoam cleansing action.                                                                            | <b>3860</b><br>0.5 fl. oz.                                                       | <b>\$6.79</b>                                                    |
|                                                                                       | <b>Earwax Treatment Drops</b><br>Compares to Debrox®.                                                                                              | <b>3232</b><br>0.5 fl. oz.                                                       | <b>\$4.99</b>                                                    |
|  | <b>Eye Drops – Itchy Eye Relief</b><br>Compares to Zyrtec®.                                                                                        | <b>2998</b><br>.17 fl. oz.                                                       | <b>\$9.99</b>                                                    |
|  | <b>Foldable Reading Glasses</b><br>Additional magnification strengths available online.                                                            | <b>7149</b> +1.00<br><b>7254</b> +2.00<br><b>7314</b> +3.00<br><b>7457</b> +4.00 | <b>\$8.29</b><br><b>\$8.29</b><br><b>\$8.29</b><br><b>\$8.29</b> |

**Face Masks & Coverings**

|                                                                                       |                                                                                                                                        |                                   |               |
|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|---------------|
|  | <b>Face Mask – Latex-Free</b><br>Covers nose and mouth. Single use only.                                                               | <b>2121</b><br>1 pack of 10 masks | <b>\$7.19</b> |
|  | <b>Face Shield – Disposable</b><br>Full length coverage. Foam top with elastic band. Lightweight. Can be worn with or without glasses. | <b>2144</b><br>1 shield           | <b>\$2.19</b> |

Foot Care



**Curad® Knee High Stockings** **5792** **\$13.99**

Mild, controlled compression may help circulation and reduce leg fatigue. 1 pair 8–15 mmHg

**5767\*** **\$16.99**

Nylon/Spandex. 1 pair 15–20 mmHg

Colors: Black or Tan

! Specify Color and Size when ordering.

| Size          | Women's Shoe Size | Men's Shoe Size |
|---------------|-------------------|-----------------|
| <b>S (A)</b>  | 6 – 8½            | 6 – 8           |
| <b>M (B)</b>  | 9 – 10½           | 8½ – 10         |
| <b>L (C)</b>  | 10 – 13           | 10½ – 12        |
| <b>XL (D)</b> | 11 – 13 (XL Calf) | 12 – 14         |



**Curad® Compression Dress Socks** **5803** **\$12.99**

**8–15 mmHg** 1 pair

Controlled compression may help circulation and reduce leg fatigue.

Color: Black

! Specify Size when ordering.

| Size     | Women's Shoe Size | Men's Shoe Size |
|----------|-------------------|-----------------|
| <b>S</b> | 6 – 8½            | 6 – 8           |
| <b>M</b> | 9 – 10½           | 8½ – 10         |
| <b>L</b> | 11 – 13           | 10½ – 12        |



**Jobst® Thigh High Stockings** **5822** **\$17.99**

**8–15 mmHg** 1 pair

Controlled compression may help circulation and reduce leg fatigue.

Colors: Black or Beige

! Specify Color and Size when ordering.

| Size      | Ankle       | Calf          | Thigh         |
|-----------|-------------|---------------|---------------|
| <b>S</b>  | 7" – 8¼"    | 11" – 15"     | 15¾" – 24¾"   |
| <b>M</b>  | 8¾" – 97/8" | 117/8" – 16½" | 181/8" – 27½" |
| <b>L</b>  | 10" – 11¾"  | 12½" – 181/8" | 21¼" – 30¾"   |
| <b>XL</b> | 11½" – 13"  | 13¾" – 195/8" | 235/8" – 32"  |



**Anti-Skid Slipper Socks** **7351** **\$2.67**

Single tread designed for safety with skid-resistant treading. Color: Light Blue. 1 pair

One size fits most.



**Gold Bond® Medicated Foot Powder – Maximum Strength** **5421** **\$6.99**

4 oz.

Temporarily relieves the pain and itch associated with minor skin irritations on the foot. Menthol 1%.



**Gold Bond® Ultimate Diabetics' Dry Skin Relief Foot Cream** **5436** **\$9.99**

3.4 oz.

May relieve dry, cracked skin and soothe skin discomfort. Dimethicone 3%, White Petrolatum 30%.



**Dr. Scholl's® Corn Remover** **5771** **\$3.97**

May remove corns fast. Contains salicylic acid. 9 cushions and 9 medicated discs

**Medicated Corn Removers** **5799** **\$2.99**

Compares to Dr. Scholl's®. 9 count



**Moleskin Plus** **5804** **\$1.99**

Protects sensitive areas. Self-stick adhesive. Trim to fit. 4 sheets



**Hammer Toe Crest** **5770** **\$4.99**

May help relieve pressure and pain on toe tips. One size fits most. 1 crest



**Toe Protector** **5823** **\$6.99**

May help relieve ingrown nails, hammer toes, corns and toe tips. One size fits most. 1 protector



**Toe Straightener** **5844** **\$13.99**

Cushions, protects and keeps toes in their correct position for all-day comfort. Interchangeable for right or left foot. Washable, reusable. One size fits most. 4 pack



**Bunion Guard** **5801** **\$7.99**

Soft gel shield cushions and protects sore bunions from pressure and friction. Washable, reusable. One size fits most. 1 guard



**Curad® Mediplast Wart Pad** **5821** **\$4.50**

2" X 3" cut-to-fit pad. May help with the removal of corns, calluses and warts. 3 pads



**Callus Control Cream** **6985** **\$9.99**

Extra strength formula for faster moisturizing. Non-greasy formula. 4 oz.



**Firm Wrap Short Stretch Compression Bandage** **5774** **\$5.99**

Provides compression and high resistance to stretch. 3.15" x 5.47 yards. 100% cotton. Latex-free. Machine wash and dry. 1 roll



**Kerasal® Fungal Nail Renewal™** **5477** **\$20.99**

May improve appearance of discolored or damaged nails. 0.33 fl. oz.

\* Members may purchase this item after discussing item(s) with their physician who recommends the item(s) for a specific condition.

Incontinence



Cottonelle® Wet Wipes

| Item # | Scented | Flushable | Count | Price  |
|--------|---------|-----------|-------|--------|
| 1777   | Yes     | Yes       | 14    | \$2.59 |
| 1742   | No      | Yes       | 168   | \$6.98 |



Wipes

All wipes are 8" x 12", hypoallergenic, pH-balanced and alcohol-free.

| Item # | Product                | Count | Flushable | Scented | Price  |
|--------|------------------------|-------|-----------|---------|--------|
| 7076   | FitRight® Aloe         | 100   | No        | Yes     | \$2.49 |
| 5761   | FitRight® Aloe         | 100   | No        | No      | \$2.49 |
| 4040   | FitRight® Aloe Quilted | 48    | No        | No      | \$4.49 |
| 1495   | ReadyFlush® Scented    | 48    | Yes       | Yes     | \$1.65 |



Poise® Bladder Control Pad for Women

| Item # | Size    | Count         | Performance | Price   |
|--------|---------|---------------|-------------|---------|
| 1297** | Regular | 2 packs of 48 | Maximum     | \$29.49 |
| 1213** | Long    | 2 packs of 54 | Moderate    | \$25.99 |



| Item # | Count    | Price   |
|--------|----------|---------|
| 1245   | 52 count | \$13.19 |

**Depend® Max Bladder Control Pad for Men**  
Maximum absorbency.



Bladder Control Pads – Contour Plus

Breathable contoured shape with adhesive backing.

| Item # | Size         | Count | Performance | Price  |
|--------|--------------|-------|-------------|--------|
| 7325** | 5.5" x 10.5" | 28    | Moderate    | \$6.25 |
| 7330** | 6.5" x 13.5" | 28    | Maximum     | \$6.99 |
| 1204** | 8" x 17"     | 28    | Ultimate    | \$6.99 |



| Item # | Count    | Price  |
|--------|----------|--------|
| 1732   | 40 count | \$5.49 |

**Pantyliner**  
Compares to Always®. Thin and absorbent. Adhesive to keep liner in place. 7" long.



| Item # | Count        | Price  |
|--------|--------------|--------|
| 4397** | 1 pack of 20 | \$5.25 |

**FitRight® Light Bladder Pad**  
Absorbent core locks away moisture to keep skin dry. Full-length adhesive strip on back side secures positioning.



Protection Plus Polymer Underpads

Disposable underpads feature a polymer and fluff core that provides extra absorbency. Latex-free.

| Item # | Size      | Performance | Count      | Price  |
|--------|-----------|-------------|------------|--------|
| 1238** | 23" x 36" | Standard    | Pack of 10 | \$5.99 |
| 1247** | 30" x 30" | Premium     | Pack of 10 | \$6.99 |



| Item # | Count     | Price   |
|--------|-----------|---------|
| 7313** | 34" x 36" | \$10.99 |
| 7319** | 34" x 48" | \$14.99 |

**Reusable Underpad**  
Waterproof bottom layer helps prevent leakage. Machine washable.



| Item # | Count        | Price   |
|--------|--------------|---------|
| 4677** | 1 pack of 20 | \$15.49 |

**FitRight® Disposable Underwear for Women**  
Shaped specifically for women. Designed for absorbency and leak protection to provide comfort and discretion. Heavy absorbency. Color: Beige.

Specify Size when ordering.

| Size    | Waist Size | Size    | Waist Size |
|---------|------------|---------|------------|
| SM / MD | 28" – 40"  | LG / XL | 40" – 56"  |



| Item # | Count        | Price   |
|--------|--------------|---------|
| 2236** | 1 pack of 20 | \$14.99 |

**FitRight® Ultra Disposable Underwear**  
Pull-up style with stretchy waistband and leg gathers. Tear-away sides for easy removal. For moderate to heavy protection. Latex-free.

Specify Size when ordering.

| Size | Waist Size | Size | Waist Size | Size | Waist Size |
|------|------------|------|------------|------|------------|
| M    | 28" – 40"  | L    | 40" – 56"  | XL   | 56" – 68"  |



| Item # | Count        | Price   |
|--------|--------------|---------|
| 4925** | 1 pack of 20 | \$15.89 |

**FitRight® Ultra Disposable Brief**  
Ultra-soft cloth-like material with odor protection wicks fluid away to promote dryness. Moisture alert wetness indicator. Ultra Absorbency. Soft anti-leak guards help to reduce leakage. Skin-Safe closures.

Specify Size when ordering.

| Size | Waist Size | Size | Waist Size | Size | Waist Size |
|------|------------|------|------------|------|------------|
| S    | 20" – 33"  | R    | 40" – 50"  | XL   | 57" – 66"  |
| M    | 32" – 42"  | L    | 48" – 58"  | XXL  | 60" – 69"  |



| Item # | Count | Price  |
|--------|-------|--------|
| 2146   | 4 oz. | \$7.99 |

**Remedy® Intensive Skin Therapy Calazime Paste – Fragrance-Free**  
Zinc Oxide, Calamine and Menthol barrier protects irritated areas of the skin and can provide temporary relief of pain. Zinc Oxide, 20.6% and Menthol 0.44%. Hypoallergenic. Fragrance-free.



| Item # | Count | Price  |
|--------|-------|--------|
| 2132   | 4 oz. | \$7.99 |

**Remedy® Intensive Skin Therapy Hydraguard-D 26% Silicone Cream**  
Nourishing moisture barrier cream with 12.5% Dimethicone. Helps protect and relieve symptoms associated with dry, cracked skin.



| Item # | Count   | Price   |
|--------|---------|---------|
| 7466   | 48 pack | \$10.99 |

**Remedy® Nourishing Skin Protectant Wipes**  
Cleans, moisturizes, nourishes and protects the skin. 3.6% Dimethicone barrier cream cloths. Paraben-free, Hypoallergenic. 8"x 8" disposable cloths. Do not flush.



| Item # | Count | Price  |
|--------|-------|--------|
| 5912   | 4 oz. | \$5.99 |

**Remedy® Phytoplex Z-Guard® Paste**  
17% Zinc Oxide and 57% White Petrolatum barrier helps protect and treat incontinence-related skin conditions.

\*\* Some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your physician before ordering.

**Incontinence** (continued)

 **Soothe & Cool® Cornstarch Body Powder** **7062** **\$2.99**  
 Made with natural cornstarch. Absorbs moisture and odor. Goes on soft and rinses off easily. 14 oz.

 **Vitamin A and D+E Ointment** **1191** **\$4.99**  
 Ointment may help prevent and treat diaper rash. Soothes and protects dry and chafed skin, minor cuts and burns. 13 oz.

 **Zinc Oxide Ointment** **1186** **\$10.99**  
 May help protect the skin from minor skin rashes. 20% Zinc Oxide. 16 oz.

**Oral Care**

 **Aim™ Mint Gel** **5066** **\$4.99**  
 May help to remove plaque with proper brushing. Fluoride protection that may help fight cavities. 5.5 oz.

 **Biotene® Dry Mouth Oral Rinse** **5106** **\$7.99**  
 Moisturizes mouth tissue, soothes dry mouth and strengthens teeth. Mint flavor. 16 fl. oz.

 **Biotene® Fluoride Toothpaste** **5132** **\$7.64**  
 Reduces bacteria and dry mouth symptoms. 4.3 oz.

**Moisture Lip Balm SPF 15** **5059** **\$1.99**  
 Compares to ChapStick®. .15 oz.

 **BrushPicks** **4806** **\$5.99**  
 Safely removes food debris. May help stimulate gums. 275 count

 **Colgate® Maxfresh Whitening Toothpaste** **5564** **\$6.63**  
 With mini breath strips. Cool mint. 3 pack, 6 oz. each

 **Colgate® Sonic Toothbrush** **5020** **Limit 3** **\$6.99**  
 Sonic action with rubber polisher and cheek and tongue cleaner. Soft bristles. Toothbrush  
**5021** **\$8.99**  
 One AA battery included. 2 replacement heads

 **Crest® Pro-Health Mouthwash** **5971** **\$6.29**  
 Antibacterial. Alcohol free. Reduces plaque, helps prevent gingivitis, freshens bad breath. 50.7 fl. oz.

 **Crest® Toothpaste – Regular Paste** **9562** **\$3.29**  
 May help to remove plaque with proper brushing. Fluoride protection that may help fight cavities. 4.2 oz.

**Denture Adhesive** **5177** **\$2.99**  
 Compares to Fixodent® Original. 2 oz.

 **Denture Brush** **4968** **\$2.69**  
 Tough nylon bristles and oversized secure-grip handle. Colors may vary.

 **Interplak® Battery Operated Water Jet** **5126** **Limit 3** **\$28.99**  
 May help maintain healthier teeth and gums. Water jet includes: 2 jet tips and 3 AA batteries. The 5-pack replacement tips include: 1 jet tip, 2 brush heads, 1 gum massager and 1 sub gingival tip. Water Jet  
**5086** **\$7.99**  
 5 replacement tips

 **Orajel™ 4x Medicated for Toothache & Gum Pain** **5833** **\$8.55**  
 Severe cream. 0.33 oz. tube

 **Dental Floss – Waxed Mint** **2145** **\$3.99**  
 May reduce decay by removing material from between teeth and under gums. 2 pack 100 yards each

 **Pepsodent® Toothpaste – Original** **5083** **\$1.10**  
 May help strengthen enamel and fight cavities. Promotes healthy teeth and gums. 5.5 oz.

 **Polident Denture Cleanser** **3165** **\$12.99**  
 3-minute antibacterial daily cleanser. 2 boxes of 120 tablets

**Denture Cleanser** **4973** **\$3.99**  
 Compares to Efferdent®. 90 tablets

 **Sensodyne® Pronamel® Fresh Breath Enamel Toothpaste** **5688** **\$11.69**  
 For sensitive teeth. Fresh Wave flavor. 2 pack, 4 oz. each

**Sensitive Toothpaste** **5095** **\$3.27**  
 Compares to Sensodyne®. 4.3 oz.

\*\*Some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your physician before ordering.

Oral Care (continued)

 **Super Poligrip® Denture Adhesive** **4984** **\$8.67**  
Super strong all-day hold. Zinc-free. 2.4 oz.

Skin Care

 **Aquaphor® Healing Ointment** **5568** **\$15.29**  
Protects and helps relieve chapped or cracked skin and lips, temporarily protects minor cuts, scrapes and burns. Preservative-free, fragrance-free. 14 oz.

 **Clearasil® Ultra Rapid Action Pads for Acne** **2375** **\$9.99**  
Exfoliating pad may help reduce pimple size and redness. Salicylic acid 2%. 90 count  
⚠ Cannot ship to Hawaii or P.O. boxes.

 **Neutrogena® Ultra Sheer Dry-Touch SPF 100** **5362** **\$10.27**  
Sunscreen lotion, SPF 100. 3 oz.

 **Acne Treatment Cream** **2684** **\$4.59**  
Salicylic acid 2%. 1 oz.

 **Eucerin® Advanced Repair Body Lotion, Fragrance-Free for Dry Skin** **5119** **\$10.67**  
Repairs dry skin and fights dryness. Provides 48-hour moisture for dry skin. Contains Ceramide-3 and Natural Moisturizing Factors. 16.9 fl. oz.

 **Remedy® Antifungal Powder** **5588** **\$5.99**  
May help relieve irritations from athlete's foot, jock itch, and ringworm. Talc-free. Use for skin folds and feet. 3 oz.

 **Remedy® Intensive Skin Therapy Skin Repair Cream** **9156** **\$3.19**  
Helps protect and relieve dryness, chapped or cracked skin. Orange Vanilla scent. 2 oz. tube

 **Remedy® Nourishing Skin Cream** **1181** **\$10.99**  
May help soothe red, sore or irritated skin. Paraben-free. Vanilla Scent. 16 oz. pump

 **Soothe & Cool® Antifungal Cream** **5752** **\$9.99**  
Aids in maintaining healthy skin while treating fungal infections; athlete's foot, jock itch and ringworm. Contains 2% miconazole nitrate. 5 oz.

 **Soothe & Cool® Skin Cream** **1072** **\$5.99**  
May nourish and moisturize compromised skin. Contains aloe and Vitamin E. 8 oz.

 **Sport Sunscreen Stick SPF 50** **5294** **\$4.99**  
Broad spectrum UVA/UVB sun protection. Water and sweat resistant. Hypoallergenic. .65 oz.

 **Sunburn Relief** **5882** **\$5.99**  
Aloe and lidocaine gel may help cool, soothe and relieve sunburn pain. 8 oz.

 **Sunscreen Lotion** **5695** **\$5.99**  
Compares to Coppertone®. UVA/UVB protection. Water resistant. 8 oz. SPF 30  
**5697** **\$6.99**  
8 oz. SPF 50

 **Vein Healing Cream** **5632** **\$12.99**  
May help diminish the appearance of varicose veins, spider veins and broken capillaries. 4 oz.

 **Gold Bond® Diabetics' Dry Skin Relief Lotion – Fragrance-Free** **5461** **\$8.87**  
Hypoallergenic lotion helps nourish and moisturize diabetics' dry skin. 13 oz.

 **Gold Bond® Rough & Bumpy Skin Daily Therapy Cream** **5292** **\$10.83**  
Helps relieve extremely rough, dry skin on elbows, knees, and heels. Fragrance-free. 8 oz.

 **Neutrogena® Oil-Free Salicylic Acid Acne Fighting Face Wash** **2892** **\$7.49**  
Contains 2% Salicylic acid acne medication to help treat breakouts. 9.1 fl. oz.

 **Neutrogena® Rapid Clear 2-in-1 Fight & Fade Acne Toner** **2843** **\$8.39**  
May help reduce pimple size, swelling, and redness. Accelerates cell exfoliation to help fade the look of post-acne marks. 8 fl. oz.

 **Clean & Clear® Advantage Spot Treatment** **2498** **\$7.39**  
2% Salicylic Acid. Topical Oil free. Works to reduce the size, redness and swelling of pimples. 0.75 fl. oz.

 **Aveeno® Soothing Bath Treatment with Natural Colloidal Oatmeal** **5211** **\$7.69**  
Temporarily protects skin and relieves itchiness while also gently cleansing and moisturizing skin, leaving it soft, smooth and healthier-looking. Fragrance-free. 8 count

Diabetic Supplements

 **Diabetes Glucose Gel** **2838\*** **\$14.99**  
 May help raise low blood sugar. Fruit Punch flavor  
 6 packets 1.1 oz. each

 **Diabetes Glucose Tablets** **2960\*** **\$4.99**  
 May help raise low blood sugar. Chewable. Orange flavor  
 50 tablets

Multivitamins

 **Centrum® Silver® Multivitamin for Men 50+** **5113\*** **\$19.89**  
 Multivitamin/multimineral supplement with Vitamin D3, B Vitamins and Zinc.  
 200 count

 **Centrum® Silver® Multivitamin for Women 50+** **5812\*** **\$18.99**  
 Multivitamin/multimineral supplement with Vitamin D3, B Vitamins, Calcium and Antioxidants. Fruit Punch flavor.  
 200 count

**Sentry Senior 50+ Multivitamin** **5144\*** **\$7.75**  
 Compares to Centrum® Silver® Multivitamin.  
 100 tablets

 **Emergen-C® Vitamin C Powder** **3184\*** **\$11.39**  
 May provide daily immune support. Packed with B vitamins, electrolytes and antioxidants. No artificial sweeteners, caffeine-free. Tropical Punch flavor.  
 30 single-serving packets

 **Multivitamin Gummies** **8623\*** **\$3.99**  
 Raspberry flavor.  
 60 jellies

 **Sentry Multivitamin** **5775\*** **\$5.99**  
 One a day formula with essential vitamins and minerals.  
 130 tablets

 **VitaJoy® Multivitamin** **2378\*** **\$14.99**  
 Assorted Fruit flavors.  
 120 gummies

\* Members may order these item(s) after discussing the item(s) with their physician who recommends the item(s) for a specific condition. Debate exists on the merits of these supplements, so it is important that you speak with your doctor before taking supplements, especially if you have a serious medical condition. These statements have not been evaluated by the Food and Drug Administration.

Supplements

 **PreserVision® AREDS 2 Formula Eye Vitamin & Mineral Supplement** **2631\*** **\$34.27**  
 Includes Lutein, Zeaxanthin, Zinc, Copper, Vitamin C, and Vitamin E to match the nutrient formula recommended by the AMD experts at the National Eye Institute. May help reduce the risk of moderate to advanced AMD progression. Fruit Punch flavor.  
 140 softgels (MiniGels)

 **Probiotic** **6822\*** **\$23.99**  
 Saccharomyces Boulardii 250 mg. This is the same probiotic found in Florastor®. Helps maintain intestinal health.  
 50 capsules

 **Vicks® ZzzQuil™ Nighttime Sleep-Aid** **3218\*** **\$14.39**  
 Diphenhydramine HCl 25 mg.  
 48 LiquiCaps™

Vitamins A-Z

 **Vitamin A 10,000 IU** **6932\*** **\$5.99**  
 May help promote a healthy immune system.  
 110 softgels

 **Vitamin B-6 100 mg** **5612\*** **\$4.49**  
 May help promote brain, eye and nervous system health.  
 100 tablets

 **Vitamin B-12 500 mcg** **5627\*** **\$3.09**  
 May help contribute to a healthy nervous system.  
 100 tablets

 **Vitamin B-50 Complex** **4881\*** **\$5.19**  
 Prolonged-release tablets. May help promote a healthy nervous system.  
 60 tablets

 **Biotin 500 mcg** **5634\*** **\$5.49**  
 May help promote healthy skin, hair and nails.  
 60 tablets

 **Calcium 600 mg with Vitamin D3 800 IU** **5811\*** **\$9.99**  
 Compares to Caltrate® 600 + D. May help promote strong bones and teeth.  
 300 tablets

 **Calcium Chews 650 mg with Vitamins D & K** **6935\*** **\$7.99**  
 Compares to Viactiv®. Vitamin D may help boost calcium absorption. Chocolate flavor.  
 60 chews

 **Vitamin C 500 mg Chewable Tablets** **5550\*** **\$5.79**  
 May provide antioxidant support and immune function support. Orange flavor.  
 110 tablets

Vitamins A-Z (continued)

|                                                                                    |                                                                                                                                                 |                              |                |
|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|----------------|
|    | <b>Chromium Picolinate 200 mcg</b><br>May help promote blood sugar health.                                                                      | <b>5863*</b><br>100 tablets  | <b>\$5.99</b>  |
|    | <b>Vitamin C 500 mg</b><br>May help boost the immune system.<br>May help support the health of joints and promote heart and circulatory health. | <b>5548*</b><br>100 tablets  | <b>\$2.99</b>  |
|    | <b>Coenzyme Q-10 100 mg</b><br>May help promote heart health.                                                                                   | <b>5820*</b><br>30 softgels  | <b>\$9.99</b>  |
|    | <b>VitaJoy® Daily D 2000 IU</b><br>Peach flavor.                                                                                                | <b>4852*</b><br>120 gummies  | <b>\$13.99</b> |
|    | <b>Vitamin D3 1000 IU</b><br>May help support bone, joint and immune system health.                                                             | <b>5609*</b><br>100 tablets  | <b>\$4.25</b>  |
|   | <b>Vitamin D3 2000 IU</b><br>May help support bone, joint and immune system health.                                                             | <b>5725*</b><br>250 tablets  | <b>\$7.99</b>  |
|  | <b>Vitamin E 200 IU</b><br>May help support heart, immune system and other organ health.                                                        | <b>2977*</b><br>100 softgels | <b>\$6.99</b>  |
|  | <b>Ferrous Sulfate 325 mg (Iron 65 mg)</b><br>May help promote red blood cell formation. Iron may help muscle function and energy production.   | <b>2948*</b><br>100 tablets  | <b>\$3.99</b>  |
|  | <b>Flax Seed Oil 1000 mg</b><br>Good source of Omega-3 fatty acids.<br>May help promote a healthy heart and immune system.                      | <b>5853*</b><br>60 softgels  | <b>\$4.99</b>  |
|  | <b>Folic Acid 400 mcg</b><br>May help promote heart and cardiovascular wellness.                                                                | <b>3016*</b><br>100 tablets  | <b>\$2.15</b>  |
|  | <b>Glucosamine 1500 mg and Chondroitin 1200 mg</b><br>May help rebuild cartilage, lubricate joints.                                             | <b>8513*</b><br>100 tablets  | <b>\$18.99</b> |

\* Members may order these item(s) after discussing the item(s) with their physician who recommends the item(s) for a specific condition. Debate exists on the merits of these supplements, so it is important that you speak with your doctor before taking supplements, especially if you have a serious medical condition. These statements have not been evaluated by the Food and Drug Administration.

|                                                                                       |                                                                                                                      |                             |                |
|---------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-----------------------------|----------------|
|    | <b>Iron 27 mg</b><br>May help promote red blood cell formation. Iron may help muscle function and energy production. | <b>8504*</b><br>100 tablets | <b>\$3.99</b>  |
|    | <b>Krill Oil 350 mg</b><br>Compares to Schiff® MegaRed®. May reduce risk of Coronary Heart Disease.                  | <b>8505*</b><br>60 softgels | <b>\$19.99</b> |
|    | <b>L-Lysine 500 mg</b><br>Amino acid that may promote immune strength.                                               | <b>5651*</b><br>100 tablets | <b>\$6.99</b>  |
|    | <b>VitaJoy® Melatonin 5 mg</b><br>Strawberry flavor.                                                                 | <b>9612*</b><br>120 gummies | <b>\$14.99</b> |
|    | <b>Magnesium Oxide 400 mg</b><br>May help relieve heartburn, sour stomach or acid indigestion.                       | <b>2657*</b><br>120 tablets | <b>\$6.99</b>  |
|    | <b>Melatonin 5 mg</b><br>Amino acid that may help regulate sleep cycles.                                             | <b>5884*</b><br>30 tablets  | <b>\$3.79</b>  |
|  | <b>Omega-3 Fish Oil 1000 mg</b><br>May help support heart, joint and brain health. Contains EPA and DHA fatty acids. | <b>5866*</b><br>90 softgels | <b>\$7.79</b>  |

Home Health Care

Aids for Daily Living

|                                                                                       |                                                                                                                                                                                                                    |                                  |                                                                                                         |
|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|---------------------------------------------------------------------------------------------------------|
|  | <b>Cool Mist Humidifier</b><br>Filter-free and contains an antimicrobial water tank. Adjustable mist dial. Can be used in medium-sized rooms. Auto shut-off feature when water runs out. Color and style may vary. | <b>3163</b> <span>Limit 2</span> | <b>\$49.99</b><br> |
|  | <b>CPAP Pillow with Memory Foam</b><br>May help provide comfortable and effective use of CPAP breathing equipment while sleeping. 20" x 12" x 5".                                                                  | <b>1865</b> <span>Limit 3</span> | <b>\$64.99</b>                                                                                          |
|  | <b>Digital Food Scale</b><br>11 lbs. Capacity. Battery operated.                                                                                                                                                   | <b>3743</b> <span>Limit 2</span> | <b>\$25.99</b><br> |
|  | <b>Electric Heating Pad</b><br>Auto shut off. 12" x 24".                                                                                                                                                           | <b>1716</b> <span>Limit 2</span> | <b>\$29.99</b><br> |

 Battery(ies) included  One-Year Limited Warranty

## Aids for Daily Living (continued)

**Medical Bracelet**

Highly polished, hypoallergenic stainless steel with medical alert symbol. Engraving is on back of bracelet. Bracelet is 7.5" in length.

**1768** \$17.99  
Diabetic

**8189** \$17.99  
Heart Patient

**6251** \$17.99  
Seizure Disorder

**Nightlight**

Auto on/off by the light sensor inside the lamp, low power consumption, long lifetime (50,000 hours) and UL certified.

**5945** Limit 5 \$8.99  
2 pack

**Pill Box — 7 Day**

Classic pill box with translucent plastic (1x per day).

**5058** \$4.99

**Pill Box — With Alarm**

Organizes pills for up to 31 days of medication. Talking alarm reminds users to take their medication up to 4 times daily.

**3621** Limit 3 \$75.99

**Pill Splitter & Crusher**

Pill Splitter and Crusher with built-in storage for medication.

**8462** \$8.99  
Each

**Sharps Container**

Disposable container designed to collect sharps waste. Safe for home garbage.

**3845** \$3.49  
1 quart

**Warm Mist Humidifier with Steam Inhaler**

Removable 0.5 gallon tank runs quiet up to 8 hours, effectively humidifies rooms up to 250 sq. ft. Humidifier converts to personal steam inhaler.

**2165** Limit 2 \$51.99  
1 each

## Bathroom Safety

**Bath Mat**

Textured rubber top provides a safe grip for your feet. 13.4" x 29".

**2345** Limit 2 \$14.99  
1 mat

**Handheld Shower**

Handheld shower head with 6.5-ft. long hose. Some assembly required.

**3264** Limit 2 \$20.99  
⚠ Do not overtighten.

**Raised Toilet Seat**

Fits most toilets 11"–14" long. Raises height by 5". Easy to clean. Weight capacity: 250 lbs. Recommended for use with Toilet Safety Rails (#2377 below).

**2359** Limit 2 \$16.99

⚠ Remove original toilet seat before installing.

**Shower Safety Benches**

Aluminum frame. No tools needed; some assembly required. Seat height adjustable from 16" to 21". Weight capacity: 350 lbs.

**2304** Limit 2 \$52.99

Bench with back 1 YEAR

**2320** Limit 2 \$44.59

Bench without back 1 YEAR

**Toilet Safety Rails**

For secure support. Padded side arms adjust from 18"–24" wide, rails adjust from 26"–31" high. Easy-to-clean, aluminum frame. Weight capacity: 300 lbs.

**2377** Limit 2 \$34.99

**Tub and Stair Safety Treads**

Waterproof and non-slip. Sticks to most surfaces: tubs, stairs, stools and more. Easy to clean; mildew resistant. Color: White.

**2298** Limit 10 \$7.99

8 count

## Braces &amp; Supports

**Arthritis Gloves**

May help relieve arthritis hand pain and swelling. Provides mild compression to enhance blood circulation. Cotton lycra. Measure across the knuckles to size.

**4635** \$11.49

1 pair

⚠ Specify Size when ordering.

| Size | Knuckles     | Size | Knuckles     | Size | Knuckles |
|------|--------------|------|--------------|------|----------|
| S    | up to 3 1/8" | M    | up to 3 1/2" | L    | up to 4" |

**Back Support with Dual Pulley System**

Metal stays provide added support for the lower back and abdomen. Low profile design allows support to fit comfortably under clothing.

**4623** \$21.99

Each

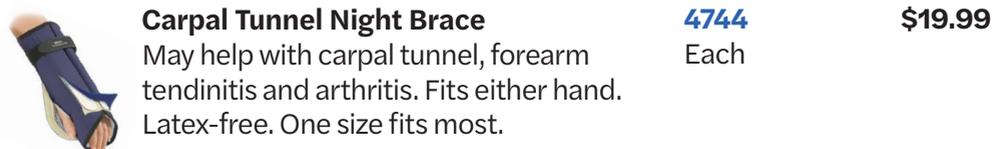
⚠ Specify Size when ordering.

| Size | Waist Circumference | Size | Waist Circumference |
|------|---------------------|------|---------------------|
| S/M  | 28" – 36"           | XXL  | 45" – 50"           |
| L/XL | 37" – 44"           |      |                     |

Battery(ies) included

One-Year Limited Warranty

## Braces &amp; Supports (continued)



**Carpal Tunnel Night Brace** **4744** **\$19.99**  
Each  
May help with carpal tunnel, forearm tendinitis and arthritis. Fits either hand. Latex-free. One size fits most.



**Curad® Elbow Support** **4903** **\$9.99**  
Each  
Adjustable dual-strap. For mild strains and sprains. Breathable compression with Microban® antimicrobial protection.



**Curad® Figure 8 Elastic Ankle Wrap** **6834** **\$14.99**  
Each  
May help with mild sprains and weak ankles. Simulates taping.



**Curad® Knee Support with Patella Pad** **4801** **\$20.40**  
Each  
May help with tendonitis and weak or arthritic knees. Adjustable. Fits 12"–21" when measured around leg, 3 inches above knee. Latex-free.



**Curad® Pull-Over Knee Support** **4602** **\$6.99**  
Each  
Provides moderate compression. Made with latex-free elastic. Measure knee circumference at knee cap with leg straight to size.

! Specify Size when ordering.

| Size | Knee      | Size | Knee      | Size | Knee      |
|------|-----------|------|-----------|------|-----------|
| S    | 14" – 16" | L    | 18" – 20" | XXL  | 22" – 24" |
| M    | 16" – 18" | XL   | 20" – 22" |      |           |



**Elbow Support Sleeve** **4613** **\$8.99**  
Each  
Knitted neoprene elastic provides moderate compression. Latex-free. Measure around forearm to size.

! Specify Size when ordering.

| Size | Forearm  | Size | Forearm   |
|------|----------|------|-----------|
| S    | 7" – 9"  | L    | 11" – 13" |
| M    | 9" – 11" | XL   | 13" – 15" |



**Thumb Brace** **4629** **\$8.99**  
Each  
For arthritis and tendinitis. Keeps thumb in neutral position. Fits either hand. Made with neoprene, nylon and elastic.

\* Members may purchase this item after discussing item(s) with their physician who recommends the item(s) for a specific condition.

\*\* Some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your physician before ordering.

\*\*\*\* Scales are only available to members with congestive heart failure or liver disease in order to monitor weight changes. Scales are not allowable for other conditions or diseases. Please discuss with your healthcare provider before ordering.



**Wrist Compression** **4630** **\$10.59**  
Each  
May help support a weak or injured wrist. Fits either right or left hand. Latex-free. Measure around wrist to size.

! Specify Size when ordering.

| Size | Wrist   | Size | Wrist   | Size | Wrist   | Size | Wrist     |
|------|---------|------|---------|------|---------|------|-----------|
| S    | 5" – 6" | M    | 6" – 7" | L    | 7" – 8" | XL   | 8½" – 10" |

## Canes



**Cane for Vision Impaired** **2324\*\*** **\$20.99**  
Lightweight 4-section aluminum construction. Includes elastic strap for carrying convenience. Includes two reflective strips to customize to user needs.  
! Cane is non-weight bearing.



**Cane with Offset Handle** **1995\*\*** **\$12.99**  
Aluminum cane with soft cushion handle and wrist strap. Adjustable height from 29"–38". Weight capacity: 300 lbs. Color: Black.



**Large Base Quad Cane** **1928\*\*** **\$24.99**  
4-point base. Handle height adjusts in one-inch increments from 29"–38". Weight capacity: 500 lbs.

## Home Tests &amp; Monitoring



**Dial Floor Scale 300lb. Capacity** **5979\*\*\*** **Limit 2** **\$18.99**  
Non-slip mat on a 10.25" x 9.875" platform.



**Talking Digital Floor Scale** **5449\*\*\*** **Limit 2** **\$39.99**  
Speaks in English and Spanish. 400 lb. capacity  
Platform size: 14.5" x 11.75".  
**5622\*\*\*** **Limit 1** **\$44.99**  
550 lb. capacity



**EvenCare® G2 Blood Glucose Meter** **2231\*** **\$8.99**  
Features voice assistance to guide through the testing process. Option to test on forearm, palm or fingertips. Results in 6 seconds.



**EvenCare® G2 Glucose Test Strips** **2677** **\$8.99**  
Blood glucose testing strips. For use with Product # 2231. 50 test strips



**Fingertip Pulse Oximeter** **5533** **Limit 1** **\$25.99**  
Measures the oxygen level in your blood stream and your pulse rate.

## Home Tests & Monitoring (continued)



**Large Display Digital Thermometer** **6851** **Limit 2** **\$13.99**  
 Digital Oral Thermometer with large, easy-to-read LCD display. Batteries included.  
 ⚠️ *Cannot ship to Hawaii or P.O. boxes.*



**HealthSmart® Ear & Forehead Thermometer** **5001** **Limit 1** **\$25.98**  
 No-touch infrared technology. Color-coded fever alarm.



**No Touch Thermometer** **5451** **Limit 1** **\$44.99**  
 Infrared technology measures temperature near forehead. Backlit LCD screen.  
 ⚠️ *Cannot ship to Hawaii or P.O. boxes.*



**Standard Blood Pressure Monitor** **5419\*** **Limit 2** **\$37.99**  
 Large digital screen. Cuff fits arms 8.6"–11.75".



**Urinary Tract Infection At-Home Test** **3045** **Limit 3** **\$10.13**  
 Clinically tested. Results in 2 minutes. 3 count

## Wearables



**Wrist Blood Pressure Monitor** **5490\*** **Limit 2** **\$39.99**  
 Memory capabilities and digital screen. Fits wrist size 5.3"–8.5".



**Heart Rate Monitor Watch** **5605** **Limit 2** **\$31.99**  
 Includes calorie counter, pedometer pulse rate, date/time, stopwatch, timer and alarm features. Fits wrist size: 6"–9"  
 ⚠️ *Cannot ship to Hawaii or P.O. boxes.* **2261** **Limit 2** **\$31.99**  
 Fits wrist size: 4.5"–7.5"

 Battery(ies) included  One-Year Limited Warranty

\* Members may purchase this item after discussing item(s) with their physician who recommends the item(s) for a specific condition.

\*\* Some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your physician before ordering.

## Using your OTC account

- All shipping charges are covered by your plan with your \$30 minimum order.
- You may only shop from the **catalog**, online at **ShopFirstLineBenefits.com**, or through the **FirstLine Benefits app**.
- Only plan members may use the products.
- You don't pay for taxes or shipping.
- Delivery takes 2 to 3 business days in the continental U.S. For Hawaii, delivery takes 3 to 4 business days.
- Unused credits cannot be redeemed for cash.
- If your account balance doesn't cover your total, you can still order. Send a check or money order for the extra amount. Make it out to FirstLine Benefits.

## Return policy

We do not allow returns or exchanges. Please call FirstLine Benefits™ at **1-866-811-9477**, TTY **711** within **30 days** of placing your order if:

- You haven't received your order.
- You received a defective or damaged item.

## Please note

- Items may have quantity limits.
- Prices are subject to change.
- If your item is not in stock, an item of similar or greater value may be shipped in its place.

Delivered by



FirstLine Benefits™ brings you this OTC benefit  
as part of your Peoples Health plan.  
We deliver right to your home.



## Questions? We're here to help.

Call **1-866-811-9477**, TTY **711** to order  
8:00 a.m. – 8:00 p.m. local time, 7 days a week

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