Annual Notice of Changes 2021

Medicare Advantage Plan with Prescription Drugs

Peoples Health Secure Health (HMO D-SNP)





Do we have the right address for you?

If not, please let us know so we can keep you informed about your plan.



Your **Medicare Health** Team A UnitedHealthcare Company

Y0066_ANOC_H1961_003_000_2021_M

Find updates to your plan for next year

This notice provides information about updates to your plan, but it doesn't include all of the details. Throughout this notice you will be directed to **www.peopleshealth.com** to review the details online. All of the below documents will be available online by **October 15, 2020.**

Provider Directory

Review the 2021 Provider Directory online to make sure your providers (primary care provider, specialists, hospitals, etc.) and pharmacies will be in the network next year.

Evidence of Coverage (EOC)

Review your 2021 EOC for details about plan costs and benefits. The EOC is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. It also has information about the Quality Improvement Program, how medical coverage decisions are made and your Rights and Responsibilities as a member.

Would you rather get paper copies?

If you want a paper copy of what is listed above, please contact our Member Services at 1-800-222-8600 (TTY users should call 711). Hours are 8 a.m. - 8 p.m. local time, 7 days a week.

Would you rather get less paper?

Simplify your life with online delivery of plan materials. You can securely access your plan documents online anytime, anywhere. Register at **www.peopleshealth.com** to sign up for online delivery today.

Annual Notice of Changes for 2021



You are currently enrolled as a member of Peoples Health Secure Health (HMO D-SNP).

Next year, there will be some changes to the plan's costs and benefits. **This booklet tells about the changes.**

What to do now

1. ASK: Which changes apply to you

- $\hfill\square$ Check the changes to our benefits and costs to see if they affect you.
 - □ It's important to review your coverage now to make sure it will meet your needs next year.
 - □ Do the changes affect the services you use?
 - □ Look in Section 1 for information about benefit and cost changes for our plan.
- □ Check the changes in the booklet to our prescription drug coverage to see if they affect you.
 - □ Will your drugs be covered?
 - □ Are your drugs in a different tier, with different cost sharing?
 - □ Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
 - □ Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
 - Review the 2021 Drug List and look in Section 1.6 for information about changes to our drug coverage.
 - Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit go.medicare.gov/ drugprices. These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.

□ Check to see if your doctors and other providers will be in our network next year.

- □ Are your doctors, including specialists you see regularly, in our network?
- □ What about the hospitals or other providers you use?
- □ Look in Section 1.3 for information about our Provider Directory.
- □ Think about your overall health care costs.
 - □ How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
 - □ How much will you spend on your premium and deductibles?
 - □ How do your total plan costs compare to other Medicare coverage options?
- □ Think about whether you are happy with our plan.
- 2. COMPARE: Learn about other plan choices
- $\hfill\square$ Check coverage and costs of plans in your area.
 - Use the personalized search feature on the Medicare Plan Finder at www.medicare.gov/plancompare website.
 - □ Review the list in the back of your Medicare & You handbook.
 - □ Look in Section 2.2 to learn more about your choices.
- □ Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.
- 3. CHOOSE: Decide whether you want to change your plan
 - □ If you don't join another plan by December 7, 2020, you will be enrolled in Peoples Health Secure Health (HMO D-SNP).
 - □ If you want to change to a **different plan** that may better meet your needs, you can switch plans between October 15 and December 7. Look in Section 2 to learn more about your choices.
- 4. ENROLL: To change plans, join a plan between October 15 and December 7, 2020
 - □ If you **don't join another plan by December 7, 2020**, you will be enrolled in Peoples Health Secure Health (HMO D-SNP).
 - □ If you **join another plan between October 15 and December 7, 2020**, your new coverage will start on January 1, 2021. You will be automatically disenrolled from your current plan.

Additional Resources

- □ This document is available for free in other languages.
- □ Please contact our Member Services number at 1-800-222-8600 for additional information (TTY users should call 711). Hours are 8 a.m. 8 p.m. local time, 7 days a week.
- □ Este documento está disponible sin costo en otros idiomas.

- Comuníquese con nuestro Servicio al Cliente al número 1-800-222-8600 para obtener información adicional (los usuarios de TTY deben llamar al 711). El horario es 8 a.m. a 8 p.m., los 7 días de la semana, hora local.
- This document may be available in an alternate format such as Braille, larger print or audio.
 Please contact our Member Services number at 1-800-222-8600, TTY: 711, 8 a.m. 8 p.m. local time, 7 days a week, for additional information.
- □ Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About Peoples Health Secure Health (HMO D-SNP)

- Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.
- □ The plan also has a written agreement with the Louisiana Medicaid program to coordinate your Medicaid benefits.
- When this booklet says "we," "us," or "our," it means UnitedHealthcare Insurance Company or one of its affiliates. When it says "plan" or "our plan," it means Peoples Health Secure Health (HMO D-SNP).

Summary of Important Costs for 2021

The table below compares the 2020 costs and 2021 costs for Peoples Health Secure Health (HMO D-SNP) in several important areas. **Please note this is only a summary of changes.** A copy of the Evidence of Coverage is located on our website at www.peopleshealth.com. You may also call Member Services to ask us to mail you an Evidence of Coverage. If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay \$0 for your deductible, doctor office visits, and inpatient hospital stays.

Cost	2020 (this year)	2021 (next year)
Monthly Plan Premium* *Your premium may be higher or lower than this amount. (See Section 1.1 for details.)	\$32.20	\$34.30
Maximum out-of-pocket amount This is the <u>most</u> you will pay out-of- pocket for your covered Part A and Part B services. (See Section 1.2 for details.)	\$6,700 If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out- of- pocket amount for covered Part A and Part B services.	\$7,550 If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out- of- pocket amount for covered Part A and Part B services.
Doctor Office Visits	Primary care visits: You pay a \$0 copayment per visit. Specialist visits: You pay a \$0 copayment - \$20 copayment per visit.	Primary care visits: You pay a \$0 copayment per visit. Specialist visits: You pay a \$0 copayment - \$20 copayment per visit.
Inpatient Hospital Stays Includes inpatient acute, inpatient rehabilitation, long-term care hospitals, and other types of inpatient hospital	You pay \$0 - \$75 copayment each day for days 1 to 10.	You pay \$0 - \$75 copayment each day for days 1 to 10.

Cost	2020 (this year)	2021 (next year)
services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor's order. The day before you are discharged is your last inpatient day.	\$0 copayment for additional Medicare covered days.	\$0 copayment for additional Medicare covered days.
Part D prescription drug coverage (See Section 1.6 for details.)	If you are enrolled in Medicare A and B and receive assistance from Louisiana Department of Health (Medicaid), and depending on your income and institutional status, you pay one of the following amounts: Deductible: \$0 or \$89 For generic drugs (including brand drugs treated as generic): \$0 copayment or \$1.30 copayment or \$3.60 copayment or \$3.60 copayment or \$3.60 copayment or \$3.60 copayment and coinsurance reaches \$6,350, your cost sharing amounts will be: \$0 copayment or \$3.60 copayment coinsurance reaches \$6,350, your cost sharing amounts will be: For all other covered drugs:	If you are enrolled in Medicare A and B and receive assistance from Louisiana Department of Health (Medicaid), and depending on your income and institutional status, you pay one of the following amounts: Deductible: \$0 or \$92 For generic drugs (including brand drugs treated as generic): \$0 copayment or \$1.30 copayment or \$3.70 copayment or \$3.70 copayment or \$5% of the total cost If the total amount you pay for copayments and coinsurance reaches \$6,550, your cost sharing amounts will be: \$0 copayment or \$3.70 copayment for all other covered drugs:

Cost	2020 (this year)	2021 (next year)
	 \$0 copayment or \$3.90 copayment or \$8.95 copayment or 15% of the total cost 	 \$0 copayment or \$4 copayment or \$9.20 copayment or 15% of the total cost
	If the total amount you pay for copayments and coinsurance reaches \$6,350, your cost sharing amounts will be:	If the total amount you pay for copayments and coinsurance reaches \$6,550, your cost sharing amounts will be:
	 \$0 copayment or \$8.95 copayment 	 \$0 copayment or \$9.20 copayment
	If you do not qualify for "Extra Help" from Medicare to help pay for your prescription drug costs	
	Deductible: \$435 You pay 25% of the total cost.	Deductible: \$445 You pay 25% of the total cost.

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Section 1: Changes to Benefits and Costs for Next Year

SECTION 1.1: Changes to the Monthly Premium

Cost	2020 (this year)	2021 (next year)
Monthly Premium (You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.)	\$32.20	\$34.30

SECTION 1.2: Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay "out-of-pocket" during the year. This limit is called the "maximum out-of-pocket amount." Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2020 (this year)	2021 (next year)
Maximum out-of-pocket amount	\$6,700	\$7,550
Because our members also get assistance from Louisiana Department of Health (Medicaid), very few members ever reach this out-of-pocket maximum. If you are eligible for Medicare cost- sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services. Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket	If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out- of-pocket amount for covered Part A and Part B services. Once you have paid \$6,700 out-of-pocket for covered Part A and Part B services, you will pay	If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out- of-pocket amount for covered Part A and Part B services. Once you have paid \$7,550 out-of-pocket for covered Part A and Part B services, you will pay

Cost	2020 (this year)	2021 (next year)
amount. Your plan premium and your	nothing for your covered	nothing for your covered
costs for prescription drugs do not	Part A and Part B	Part A and Part B
count toward your maximum out-of-	services for the rest of the	services for the rest of the
pocket amount.	calendar year.	calendar year.

SECTION 1.3: Changes to the Provider Network

There are changes to our network of providers for next year. An updated Provider Directory is located on our website at www.peopleshealth.com. You may also call Member Services for updated provider information or to ask us to mail you a Provider Directory. **Please review the 2021 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan you have certain rights and protections summarized below:

- □ Even though our network of providers may change during the year, we must furnish you with uninterrupted access to qualified doctors and specialists.
- □ We will make a good faith effort to provide you with at least 30 days' notice that your provider is leaving our plan so that you have time to select a new provider.
- □ We will assist you in selecting a new qualified provider to continue managing your health care needs.
- □ If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- □ If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.
- □ If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider to manage your care.

SECTION 1.4: Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered **only** if they are filled at one of our network pharmacies.

There are changes to our network of pharmacies for next year. An updated Provider Directory is located on our website at www.peopleshealth.com. You may also call Member Services for updated provider information or to ask us to mail you a Provider Directory. **Please review the 2021 Provider Directory to see which pharmacies are in our network.**

SECTION 1.5: Changes to Benefits and Costs for Medical Services

Please note that **the Annual Notice of Changes** only tells you about changes to your <u>Medicare</u> benefits and costs.

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, **Medical Benefits Chart (what is covered and what you pay),** in your **2021 Evidence of Coverage.** A copy of the Evidence of Coverage is located on our website at www.peopleshealth.com. You may also call Member Services to ask us to mail you an Evidence of Coverage.

If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay a \$0 copayment amount.

Cost	2020 (this year)	2021 (next year)
Medicare Cost Sharing	For Medicare covered services, you pay:	For Medicare covered services, you pay:
Medicare cost sharing includes copayment, coinsurance, and deductibles. Part D cost sharing is always the	\$0 if you are enrolled in Medicaid as a Qualified Medicare Beneficiary (QMB).	\$0 if you are enrolled in Medicaid as a Qualified Medicare Beneficiary (QMB).
responsibility of the member. Please contact Louisiana Department of Health (Medicaid) at 1-225-342-9500 for more details.	\$0 if you are enrolled in Medicaid with full benefits (non-QMB), except for services that are not covered by the state Medicaid program.	\$0 if you are enrolled in Medicaid with full benefits (non-QMB), except for services that are not covered by the state Medicaid program.
	If you do not have full Medicaid benefits or are not a QMB, you must pay	If you do not have full Medicaid benefits or are not a QMB, you must pay

Cost	2020 (this year)	2021 (next year)
	your Medicare cost sharing, including copayments, deductibles, and coinsurance.	your Medicare cost sharing, including copayments, deductibles, and coinsurance. Please see your Evidence of Coverage for Medicare covered benefits.
Acupuncture for low back pain (Medicare-covered)	You pay a \$0 copayment.	You pay a \$0 copayment for services provided by a primary care physician. You pay a \$0 copayment - \$20 copayment for services provided by a specialist. See Chapter 4 of the Evidence of Coverage for details.

Cost	2020 (this year)	2021 (next year)
Authorization	Your provider must obtain Prior Authorization for some services. Your Prior Authorization requirements include all Medicare-covered services except: Emergency Care, Urgently Needed Services, Emergency Ambulance Services, Opioid Treatment Program Services, Medicare-covered Preventive Services, Outpatient Hospital Observation Services, Medicare-covered Comprehensive Dental, Medicare-covered Eye Exams, Medicare- covered Eyewear, and Medicare-covered Hearing Exams.	The services for which your provider must obtain Prior Authorization have changed. Your Prior Authorization requirements include all Medicare-covered services except: Emergency Care, Urgently Needed Services, Emergency Ambulance Services, Opioid Treatment Program Services, Medicare-covered Preventive Services, Chiropractic Services, Specialist Services, Podiatry Services, Medicare-covered Eyewear, Medicare- covered Comprehensive Dental, Medicare-covered Eye Exams, and Medicare-covered Hearing Exams.
Emergency Care – Worldwide	You pay a \$0 copayment - \$50 copayment for worldwide emergency care and a \$0 copayment for worldwide urgently needed care. You are covered for up to \$5,000 of emergency and urgently needed care combined.	You pay a \$0 copayment for worldwide emergency care, worldwide urgently needed care, and worldwide emergency transportation. There is no coverage limit for this benefit.

Cost	2020 (this year)	2021 (next year)
Hearing Services Hearing Aids	You receive a \$1,000 credit for hearing aids every year.	You receive up to a \$500 credit for one hearing aid per ear up to a maximum benefit of \$1,000 every year.
NurseLine	Not Covered.	You pay a \$0 copayment NurseLine services are available, 24 hours a day, seven days a week. Speak to a registered nurse (RN) about your medical concerns and questions.
Health & Wellness Product Catalog / Over-the-Counter (OTC) Products Catalog	 \$125 credit quarterly. Your credit amount expires at the end of the quarter. You can place your order online, over the phone, or by mail through your Health & Wellness Products Catalog that will be sent to you. 	 \$160 credit quarterly. Your credit amount expires at the end of the quarter. You can place your order online, over the phone, or by mail through your Health & Wellness Products Catalog that will be sent to you.

Cost	2020 (this year)	2021 (next year)
Telemonitoring Services	You pay a \$0 copay for specialized home monitoring, including monitoring equipment, through our contracted telemonitoring vendor.	You pay a \$0 copay. Remote monitoring equipment is not covered by our current vendor. If you qualify for one of our clinical digital programs that help you track your health, you will receive additional information about that program in a separate communication.
Virtual Mental Health Visits	Not Covered	You pay a \$0 copayment.

SECTION 1.6: Changes to Part D Prescription Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a Formulary or "Drug List." **You can get the complete Drug List** by calling Member Services (see the back cover) or visiting our website (www.peopleshealth.com).

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

If you are affected by a change in drug coverage, you can:

- □ Work with your doctor (or other prescriber) and ask the plan to make an exception to cover the drug.
- To learn what you must do to ask for an exception, see Chapter 9 of your Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) or call Member Services.
- □ Work with your doctor (or other prescriber) to find a different drug that we cover. You can call Member Services to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a drug that is not on the Drug List (Formulary) or when it is restricted in some way in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the **Evidence of Coverage.**) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

If you have obtained approval for a Drug List (Formulary) exception this year, please refer to the approved through date provided on your approval letter to determine when your approval expires. After the date of expiration on your approval letter, you may need to obtain a new approval in order for the plan to continue to cover the drug, if the drug still requires an exception and you and your doctor feel it is needed. To learn what you must do to ask for an exception, see Chapter 9 of your Evidence of Coverage or call Member Services.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about the changes we may make to the Drug List, see Chapter 5, Section 6 of the Evidence of Coverage.)

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also called the "Low Income Subsidy Rider" or the "LIS Rider"), which tells you about your drug costs. Because you receive "Extra Help" you will receive a "LIS Rider" by September 30, 2020. If you don't receive it, please call Member Services and ask for the "LIS Rider" to be sent to you.

There are four "drug payment stages." How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your **Evidence of Coverage** for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the **Evidence of Coverage**, which is located on our website at www.peopleshealth.com. You may also call Member Services to ask us to mail you an **Evidence of Coverage**.)

Changes to the Deductible Stage

Stage	2020 (this year)	2021 (next year)
Stage 1: Yearly (Part D) Deductible Stage During this stage, you pay the full cost of your Part D drugs until you have reached the yearly deductible.	Your deductible amount is either \$0 or \$89, depending on the level of "Extra Help" you receive. (Look at the separate insert, the "LIS Rider," for your deductible amount.) If you do not qualify for "Extra Help" from Medicare to help pay for your prescription drug costs, your deductible is \$435.	Your deductible amount is either \$0 or \$92, depending on the level of "Extra Help" you receive. (Look at the separate insert, the "LIS Rider," for your deductible amount.) If you do not qualify for "Extra Help" from Medicare to help pay for your prescription drug costs, your deductible is \$445.

Changes to Your Cost-sharing in the Initial Coverage Stage

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, **Types of out-of-pocket costs you may pay for covered drugs** in your **Evidence of Coverage**.

Stage	2020 (this year)	2021 (next year)
Stage 2: Initial Coverage Stage	Your cost for a one-month	Your cost for a one-month
Once you pay the yearly deductible,	(30-day) supply filled at a	(30-day) supply filled at a
you move to the Initial Coverage	network pharmacy with	network pharmacy with
Stage. During this stage, the plan pays	standard cost-sharing:	standard cost-sharing:
its share of the cost of your drugs and	Generic drugs	Generic drugs
you pay your share of the cost.	(including brand drugs	(including brand drugs
The costs in this row are for a one-	treated as generic):	treated as generic):
month (30-day) supply when you fill	If you are enrolled in	If you are enrolled in
your prescription at a network	Medicare A and B and	Medicare A and B and
pharmacy that provides standard cost-	receive assistance from	receive assistance from
sharing. For information about the	Louisiana Department of	Louisiana Department of
costs for a long-term supply or for mail-	Health (Medicaid), and	Health (Medicaid), and
order prescriptions, look in Chapter 6,	depending on your	depending on your

Stage	2020 (this year)	2021 (next year)
Section 5 of your Evidence of Coverage.	income and institutional status, you pay one of the following amounts:	income and institutional status, you pay one of the following amounts:
	 \$0 copayment or \$1.30 copayment or \$3.60 copayment or 15% of the total cost 	 \$0 copayment or \$1.30 copayment or \$3.70 copayment or 15% of the total cost
	For all other covered drugs:	For all other covered drugs:
	If you are enrolled in Medicare A and B and receive assistance from Louisiana Department of Health (Medicaid), and depending on your income and institutional status, you pay one of the following amounts: \$0 copayment or \$3.90 copayment or \$8.95 copayment or 15% of the total cost	If you are enrolled in Medicare A and B and receive assistance from Louisiana Department of Health (Medicaid), and depending on your income and institutional status, you pay one of the following amounts: \$0 copayment or \$4 copayment or \$9.20 copayment or 15% of the total cost
	If you do not qualify for "Extra Help" from Medicare to help pay for your prescription drug costs	
	For all covered drugs:	For all covered drugs:
	You pay 25% of the total cost	You pay 25% of the total cost
	Once your total drugs costs have reached \$4,020, you will move to the next stage (the Coverage Gap Stage).	Once your total drugs costs have reached \$4,130, you will move to the next stage (the Coverage Gap Stage).

Changes to the Coverage Gap and Catastrophic Coverage Stages

The Coverage Gap Stage and the Catastrophic Coverage Stage are two other drug coverage stages for people with high drug costs. **Most members do not reach either stage.**

For information about your costs in these stages, look at your Summary of Benefits or at Chapter 6, Sections 6 and 7, in your **Evidence of Coverage**.

Section 2: Deciding Which Plan to Choose

SECTION 2.1: If You Want to Stay in Peoples Health Secure Health (HMO D-SNP)

To stay in our plan you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Peoples Health Secure Health (HMO D-SNP).

SECTION 2.2: If You Want to Change Plans

We hope to keep you as a member next year but if you want to change for 2021 follow these steps:

Step 1: Learn about and compare your choices

- □ You can join a different Medicare health plan,
- OR-You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan.

To learn more about Original Medicare and the different types of Medicare plans, read **Medicare & You 2021**, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to www.medicare.gov/plan-compare. **Here, you can find information about costs, coverage, and quality ratings for Medicare plans.**

As a reminder, UnitedHealthcare Insurance Company or one of its affiliates offers other Medicare health plans and Medicare prescription drug plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

□ To change **to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Peoples Health Secure Health (HMO D-SNP).

- □ To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from Peoples Health Secure Health (HMO D-SNP).
- □ To change to Original Medicare without a prescription drug plan, you must either:
- ^o Send us a written request to disenroll. Contact Member Services if you need more information on how to do this (phone numbers are in Section 6.1 of this booklet).
- or Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

If you switch to Original Medicare and do **not** enroll in a separate Medicare prescription drug plan, Medicare may enroll you in a drug plan unless you have opted out of automatic enrollment.

Section 3: Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 to December 7.** The change will take effect on January 1, 2021.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a change at other times of the year.

If you enrolled in a Medicare Advantage plan for January 1, 2021, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2021. For more information, see Chapter 10, Section 2.2 of the **Evidence of Coverage**.

Section 4: Programs That Offer Free Counseling about Medicare and Medicaid

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In Louisiana, the SHIP is called Louisiana Senior Health Insurance Information Program (SHIP).

Louisiana Senior Health Insurance Information Program (SHIIP) is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. Louisiana

Senior Health Insurance Information Program (SHIIP) counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Louisiana Senior Health Insurance Information Program (SHIIP) at 1-800-259-5300.

For questions about your Louisiana Department of Health benefits, contact Louisiana Department of Health, at 1-225-342-9500, 8 a.m. - 4:30 p.m. CT, Monday - Friday. TTY users should call 711. Ask how joining another plan or returning to Original Medicare affects how you get your Louisiana Department of Health coverage.

Section 5: Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- "Extra Help" from Medicare. Because you have Medicaid, you are already enrolled in 'Extra Help,' also called the Low Income Subsidy. Extra Help pays some of your prescription drug premiums, annual deductibles and coinsurance. Because you qualify, you do not have a coverage gap or late enrollment penalty. If you have questions about Extra Help, call:
- ^o 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
- ^o The Social Security Office at 1-800-772-1213 between 7 am and 7 pm, Monday through Friday. TTY users should call 1-800-325-0778 (applications); or
- ° Your State Medicaid Office (applications).
- Help from your state's pharmaceutical assistance program. Louisiana has a program called Louisiana Department of Health that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (the name and phone numbers for this organization are in Chapter 2, Section 3 of your Evidence of Coverage).
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/ under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the ADAP in your State. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call the ADAP in your State. You can find your State's ADAP contact information in Chapter 2 of the Evidence of Coverage.

Section 6: Questions?

SECTION 6.1: Getting Help from Peoples Health Secure Health (HMO D-SNP)

Questions? We're here to help. Please call Member Services at 1-800-222-8600. (TTY only, call 711.) We are available for phone calls 8 a.m. - 8 p.m. local time, 7 days a week. Calls to these numbers are free.

Read your 2021 Evidence of Coverage (it has details about next year's benefits and costs)

This **Annual Notice of Changes** gives you a summary of changes in your benefits and costs for 2021. For details, look in the 2021 **Evidence of Coverage** for Peoples Health Secure Health (HMO D-SNP). The **Evidence of Coverage** is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the Evidence of Coverage is located on our website at www.peopleshealth.com. You may also call Member Services to ask us to mail you an Evidence of Coverage.

Visit our Website

You can also visit our website at www.peopleshealth.com. As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary).

SECTION 6.2: Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to www.medicare.gov/plan-compare).

Read Medicare & You 2021

You can read the **Medicare & You 2021** Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (www.medicare.gov) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

SECTION 6.3: Getting Help from Medicaid

To get information from Louisiana Department of Health (Medicaid), you can call Louisiana Department of Health (Medicaid) at 1-225-342-9500. TTY users should call 711.



Peoples Health Secure Health (HMO D-SNP) Member Services:

Call 1-800-222-8600

Calls to this number are free. 8 a.m. - 8 p.m. local time, 7 days a week. Member Services also has free language interpreter services available for non-English speakers.

TTY **711**

Calls to this number are free. 8 a.m. - 8 p.m. local time, 7 days a week.

Write Three Lakeway CTR, 3838 N Causeway BLVD, STE 2200 Metairie, LA 70002

Website www.peopleshealth.com