

What is a Telehealth Comprehensive Wellness Assessment?

A telehealth comprehensive wellness assessment is a safe and secure way to connect to a Peoples Health nurse practitioner by video and audio connection. You can do this on your smartphone or your computer, as long as it has audio and video capability.

How do I complete a telehealth comprehensive wellness assessment?

In one of two ways:

1. Click on the text or email link you get from Peoples Health; **you won't have to log in to an app or portal.**
2. Log in to the Peoples Health service center patient portal.

On the day of your assessment:

- Pick out a secure and private location for your assessment.
- "Arrive" 15 minutes before your appointment time by logging in to the Peoples Health service center patient portal or clicking the link within the email or text message reminder Peoples Health sent you.
- When you arrive, you will first be asked to fill out a questionnaire; this isn't required, but filling in what you can will help us during your assessment.
- Click **Proceed** to check your computer's speed and ability to support a telehealth assessment.
- Click **Start TeleVisit** to enter the virtual waiting room.
- Your nurse practitioner will start the assessment and disconnect when the assessment ends.