

**Friends Welcome!** Don't want to come alone? Register yourself and a friend for any of these events.

Connect with us.     

## SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Medicare 101</b> Iowa Senior Center <b>Iowa</b> 10:15 a.m.	<b>8 Things You Need to Know About Medicare</b> Lutcher Senior Center <b>Lutcher</b> 9:30 a.m.	<b>Couponing Secrets and Strategies</b> Acadian Heritage Apartments <b>Scott</b> 9:30 a.m.	
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
		<b>All About Apps</b> Goldring-Woldenberg JCC <b>Metairie</b> 10 a.m.		
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>Hand Fan Decorating</b> Port Allen Senior Center <b>Port Allen</b> 10 a.m.  <b>Baby Boomers</b> Bayouland YMCA <b>Houma</b> 10:15 a.m.  <b>Looking Forward to Healthy Aging</b> St. Anne Catholic Church <b>Youngsville</b> 11:45 a.m.	<b>Music Therapy</b> Sojourner Truth Neighborhood Center <b>New Orleans</b> 12 p.m.	<b>8 Things You Need to Know About Medicare</b> Reserve Senior Center <b>Reserve</b> 10 a.m.  <b>Hand Fan Decorating</b> West Feliciana Council on Aging <b>St. Francisville</b> 10:45 a.m.	<b>Facebook 101</b> New Orleans Jewish Community Center <b>New Orleans</b> 12:30 p.m.	
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>Senior Circuit</b> West Jeff Fitness Center <b>Terrytown</b> 10:15 a.m.  <b>Facebook 101</b> Parks and Recreation of Denham Springs <b>Denham Springs</b> 12 p.m.	<b>Chair Volleyball</b> Schriever Senior Center <b>Schriever</b> 9:30 a.m.  <b>Medicare Bingo</b> Independence Senior Center <b>Independence</b> 10 a.m.	<b>How to Save on Medicare Costs</b> Lake Charles Senior Center <b>Lake Charles</b> 9 a.m.  <b>How to Save on Medicare Costs</b> Goldring-Woldenberg JCC <b>Metairie</b> 10 a.m.	<b>8 Things You Need to Know About Medicare</b> Ponchatoula Senior Center <b>Ponchatoula</b> 10 a.m.  <b>How to Save on Medicare Costs</b> Breaux Bridge Public Library <b>Breaux Bridge</b> 10 a.m.  <b>Medicare 101</b> Ochsner Fitness Center Heritage Plaza <b>Metairie</b> 10 a.m.	
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>Bean Bag Baseball</b> Convent Senior Center <b>Convent</b> 10 a.m.				
<b>30</b>				