

MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Registration is required.</p> <p>To register, or for more information, please call toll-free: 1-800-561-4127 (TTY: 711) Seven days a week, 8 a.m. to 8 p.m. Or register online at www.peopleshealth.com/wellness</p>			<p>Couponing Secrets and Strategies Lake Sherwood Village Baton Rouge 10:15 a.m.</p> <p>Light N Low Paula G. Manship YMCA Baton Rouge 8:30 a.m.</p>	<p>Couponing Secrets and Strategies Gonzales Senior Center Gonzales 10 a.m.</p>
<p>Facebook 101 Ochsner Health Center Covington 10:30 a.m.</p> <p>The Advantage of Medicare Advantage St. Anne Catholic Church Youngsville 9 a.m.</p> <p>Overcoming Depression Harahan Senior Center Harahan 10:30 a.m.</p> <p>H.A.B.I.T. A.C. Lewis YMCA Baton Rouge 9 a.m.</p> <p>Senior Circuit West Jeff Fitness Center Terrytown 10:15 a.m.</p>	<p>Medicare Bingo Baker Senior Center Baton Rouge 10:30 a.m.</p>	<p>Medicare and Muffins Vermilion Council on Aging Abbeville 8:30 a.m.</p> <p>Overcoming Depression Estelle Senior Center Marrero 10 a.m.</p>	<p>Facebook 101 Ochsner Medical Center Slidell 10:30 a.m.</p>	
<p>Walking Bingo Acadia Council on Aging Crowley 9:30 a.m.</p>	<p>Cardio Circuit Anytime Fitness Destrehan 10:45 a.m.</p>	<p>Planning for Future Care Ochsner Fitness Center Harahan 10 a.m.</p> <p>Aqua Aerobics Manhattan Athletic Club Harvey 10:30 a.m.</p> <p>Senior Fit and Fun West St. Tammany YMCA Covington 11 a.m.</p>	<p>Overcoming Depression Bridge City Senior Center Bridge City 10 a.m.</p> <p>The Advantage of Medicare Advantage Bell Rose Gardens Apartments Carencro 9:30 a.m.</p>	<p>Overcoming Depression Folsom Senior Center Folsom 10 a.m.</p> <p>Zumba Gold New Orleans East Senior Center New Orleans 10:30 a.m.</p>
<p>Facebook 101 Mandeville Senior Center Mandeville 12 p.m.</p> <p>Medicare Bingo Mercy Endeavors Senior Center New Orleans 11 a.m.</p>	<p>Medicare Bingo Welcome Senior Center St. James 10 a.m.</p>	<p>Couponing Secrets and Strategies Calcasieu Council on Aging Lake Charles 9:15 a.m.</p> <p>Light N Low C.B. Pennington Jr. YMCA Baton Rouge 9:40 a.m.</p>	<p>Couponing Secrets and Strategies Ponchatoula Senior Center Ponchatoula 10 a.m.</p>	