

**FOR IMMEDIATE RELEASE**  
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**Peoples Health Honors Champion Irwin Boulet at Saints Home Game**

**METAIRIE, Louisiana** – The Peoples Health Champions Program honored Irwin “Jim” Boulet on Dec. 17, 2017, for donating more than 900 pounds of fresh produce from his farm to the Second Harvest Food Bank at age 82. Boulet was recognized during the New Orleans Saints game against the New York Jets for doing something extraordinary after age 65 and proving that excellence is achieved through experience.

On Dec. 12, 2012, Boulet delivered his bounty of fresh turnips to the Second Harvest Food Bank—his first crop dedicated to the organization. Since then, he has farmed 30 acres of land solely for the food bank and has donated more than 330,000 pounds of produce to the food bank in the past five years.

Today, at 88 years old, Boulet challenges himself to serve his community and feed more and more people with each year’s harvest. He’s driven by the conviction that if you have the ability to help those in need, you also have the responsibility to do so. “To me, there is a great feeling you get from helping people who can’t say thank you. That’s how I define my life now—what I can do to improve their lives where they don’t have to worry about food.” For more about Boulet’s achievements and mission to help others, visit

<http://champions.peopleshealth.com/meet-the-champions>.

### ***About Peoples Health Champions***

In collaboration with the New Orleans Saints, the Peoples Health Champions Program honors individuals who shatter the myth that ability diminishes after the age of 65 and who instead prove that excellence is achieved through experience. Nominees must be at least 65 years of age and reside in Louisiana. For more information about the program, including details on how to nominate someone as a Peoples Health Champion, visit <http://champions.peopleshealth.com>. Nominations can be submitted online, or call 1-877-712-7320 for a nomination form.

### ***About Peoples Health***

Established in 1994, Peoples Health is a Medicare Advantage organization serving more than 60,000 Medicare beneficiaries in Louisiana. Peoples Health Medicare health plans have been rated 4.5 out of 5 stars by Medicare for 2018, making them the highest-rated plans in the state. The physician-owned company administers and provides a unique approach to wellness, care coordination and support services for plan members. The company is a proud supporter of many social, cultural, athletic and health organizations and holds an NCQA accreditation. Visit <http://www.peopleshealth.com> for more information.



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